



From the Inside Out

KTTA Pro-D Day:

April 25th, 2022

Presented By:

The Kamloops Thompson Teachers' Association



The Kamloops Thompson Teachers' Association is proud to offer professional development opportunities for KTTA members on April 25th, 2022. **Inspire: From the Inside Out** is created with educators' needs in mind. Please join us in welcoming Dr. Jody Carrington as this year's keynote speaker. Find the inspiration you may need from a wide range of workshop presenters selected carefully for our community. We hope the day will inspire you, from the inside out!

9:00 am – 10:00 am Keynote: Dr. Jody Carrington

Dr. Jody Carrington is a renowned psychologist sought after for her expertise, energy and approach to helping people solve their most complex human-centered challenges. Jody focuses much of her work around reconnection- the key to healthy relationships and productive teams.

Session A 10:30 am - 12:00 pm

9:30 am – 11:00 am BC History: The Stories of Working People (Secondary)

Join author and former Labour Journalist, Rod Mickleburgh (featured in the recent Knowledge Network Series 'British Columbia: An Untold History') as he recounts the stories of prominent figures of BC's history who led the struggles to improve the working conditions and lives of everyday people. The selections of stories will be drawn from the history that is reflected in the Social Studies 9/10 curriculums. These stories will be supported with resources and activities that will provide an overview of classroom and on-line learning resources that will help the teacher guide their students through key moments in the development of British Columbia from the 19th into the 20th Century. The lesson materials reflect the learning standards, curriculum competencies and content of the current Social Studies curriculum. ** please note the workshop time. To accommodate concurrent presentations, the facilitators require starting at 9:30. The session is repeated in the afternoon.

The materials are in multiple formats. Print documents are ready for use and can be easily modified by the teacher to meet particular curricular and student needs. The lessons incorporate a wide variety of photographic and other primary/secondary documents. Many of the lessons utilize short videos from the *Working People: A History of British Columbia* series. Recent lessons have been developed around the role of Indigenous peoples, and the translation of lessons into French is ongoing. The materials are freely available through the Labour Heritage Centre website and the TeachBC portal.

Rod Mickleburgh was a journalist for more than 40 years, including more than 10 years as a labour reporter, and spent 23 years with the Globe and Mail before retiring in 2013. He has written or co-written three books: *Rare Courage* recounting the experience of WW11 veterans, *The Art of the Impossible* about BC's first NDP movement headed by Dave Barrett, which won the BC Book Prize, and most recently, *On the Line*, the first comprehensive history of the BC Labour Movement. This book won the George Ryga Award for Social Awareness.

Wayne Axford is a retired Social Studies Department head from the Burnaby School District and is the Education Consultant for the Labour Heritage Centre. Wayne is also the Past-President of BCSSTA.

**10:30 am – 12:00 pm Everything Careers: Weaving Careers Education Across K-7
(Elementary)**

Come learn about everything that is happening in Career Education K-7. There is a new K-7 Guidebook, plenty of lessons, and a special guest speaker, Holly Johnson from BC Agriculture, that can help you explore how you can weave growing food, maker kits, and hands-on experiences in agriculture with your students. Learn how to access free vetted resources and win a prize at the same time.

Host- **Allisson Badger** loves to explore the world of careers, from waterslide designers to hydraulics. She is an avid collaborator with fellow educators in working towards helping students discover possible preferred futures in an ever-changing world. Allisson is the District Career Education Coordinator; she is also the Secretary, and chair of the Professional Development Committee for the Career Education Society.

Guest Speaker- **Holly Johnson** is an Education Specialist with BC Agriculture in the Classroom. Holly is excited to begin her journey as the Education Specialist this school year. Raised on a small berry farm on Vancouver Island, she is ready to share her enthusiasm for food and first hand agriculture knowledge with teachers across BC. Holly has taught Kindergarten, Grade One, Two and Four and has worked in independent and public schools in Vanderhoof and Kelowna. When not helping teachers with the sharing of BC's Food Story, Holly likes to wrangle her three small children and pursue her new hobby of canning her freshly grown produce.

10:30 am – 12:00 pm Self-Compassion for Educators (K-12)

This workshop is designed to give the busy and overwhelmed educator tools to support their sustainable well-being through practices of mindfulness and self-compassion. Often, we get trapped in critical and perfectionist thinking. Through experiential practices and exercises, participants will gain a felt experience of mindfulness and compassion for themselves to be used in and out of the classroom.

Lisa Baylis has been sharing wellness strategies for the last 20 years. A natural born connector with an innate ability to make people feel valued and heard, she is a teacher, a counsellor, a facilitator, and a mother. Lisa is a published author of *Self-Compassion for Educators* as well as the creator of the AWE Method- Awakening the Wellbeing for Educators- which merges self-care, mindfulness, and self-compassion.

Lisa has a master's degree in Counselling Psychology and a bachelor's degree in Physical Education. She has taught internationally and locally. Much of her vast teaching experience was gained in classrooms across British Columbia- from Fort St. John to the Comox Valley. Currently, she is a high school counsellor in the Greater Victoria School District.

**10:30 am – 12:00 pm Waking Your Sleeping Giant; Accessing Your Inspired Wellness
Within (Part 1) (Universal)**

In this workshop, participants will walk away with their own empowering practice, to address a

topic on their mind (not shared within the group). Participants will explore what is possible in their personal workbook, provided by the organizer. Group work will be limited to concepts and questions that prepare participants for the dedicated workshop time of introspective exploration through their topic of choice. (The topic you decide to explore can be decided in the moment, as what is on our minds changes with time). This experience works with the awareness that you have all the wisdom, and inner resources, to connect, and create opportunity, inspiration, and personal fulfillment.

Dawn Burn retired early in June 2020, to pursue her fulfillment. Since then she has become a certified life & wellness coach to engage with people to spark momentum for change that supports their direction, growth and fulfillment. Her life experience includes a Master's Degree in Visual Arts- Painting. New developments are coming soon! *Aldo Renaldo and the Renegade Alphabet, Las Vegas: Histrion Kids, 2023*. Author, George Johnson; Illustrator, Dawn Burn. As well this year, Dawn will be delivering a six week online course called "The Painted Tree; From Personal Growth to Personal Expression", through Naramata Centre, in May/June.

10:30 am – 12:00 pm What Animals Can Teach Us: Animal Concepts in Student Learning (K-5)

BC SPCA programs educate youth on animal welfare issues and help them develop empathy, compassion, and critical thinking skills. The cross-curricular lessons developed by the BCSPCA incorporate fun, interactive lessons where students learn about animals by understanding their needs and similarities to humans, thus creating more respect for the environment in which they live. Information on how to receive free lesson plans and resources will be provided as well as information on our new virtual presentations.

Deirdre Campbell completed her B.A. at the University of Victoria, and has worked as a Museum Educator, Community Programs Assistant, and has now been employed as a Regional Humane Educator (based in the Thompson-Nicola) with the BC SPCA since 2019. In these roles, she has worked with students from Pre-school to High School, with a wide range of learning abilities and behavioural challenges. As a Regional Humane Educator for the BC SPCA, she is able to use her passion for education and animals to develop curriculum linked units for K-12, deliver engaging workshops for students and educators, and has witnessed empathy, critical thinking and social responsibility flowing naturally from the animal connection. She has been working with her team since March 2020 to adapt these learning materials to an online platform to suit remote learners as well as in-class.

9:00 am – 2:30 pm Teach Food First: Food Exploration as an Approach to Nutrition Education (Elementary)

Farm to School Spring Celebration: Let's Celebrate Food! Join us for an in-person, hands-on learning pro-d, exploring cooking and gardening classroom activities. The morning session will focus on cooking and food exploration and include a review of the new toolkit "Teaching Food First", as well as a new online database of tested, food literacy lesson plans for teachers hosted by Farm to School BC. In the afternoon, we will move outdoors with guests from Butler Urban

Barn to learn about engaging activities to do outdoors in the garden. (This will take place at Arthur Hatton Elementary, details to follow).

****Please note the early start.**

Simone Jennings is a Public Health Dietician with the Healthy Communities team at Interior Health. She has 13 years of experience supporting food literacy education in schools and she participated in the provincial working group that developed the “Teach Food First” toolkit.

Serena Caner is a registered dietician and Community Animator for the Farm to School BC program in the Kamloops region. She has been doing food literacy in classrooms for the past 5 years in her roles with Action Schools BC! and Shuswap Food Action Society.

Natalie Cryderman is the school program liaison from Mt. Paul Community Food Centre.

Adam Florence is a chef and instructor for TRU’s Culinary Arts Program.

Jamie Garbutt is the sustainability educator for the City of Kamloops.

Marianna Guerra runs the Gleaning Abundance Program for the Kamloops Food Policy Council.

Kevin Pankewich is the farmer and food-lover from Butler Urban Farm.

10:30 am – 12:00 pm Leadership: Taking the Wheel in Complex Times (Universal)

As an entrepreneur, CEO, and clinical psychologist, Dr. Jody Carrington believes that every successful team must have the inherent ability to repair and reconnect if they ever hope to serve their clients well. Her leadership style promotes building healthy relationships among her employees to ensure synergy and a positive, dynamic workplace. By combining her expertise as a workplace leader and clinical psychologist, Dr. Jody will motivate other leaders to change their team-building approach from the inside out.

Dr. Jody Carrington is a speaker, author, and leader of Carrington and Company; she uses all she has been taught in her twenty-year career as a psychologist to empower everyone she connects with. Jody has worked with kids, families, business leaders, first responders, teachers, farmers and has spoken in church basements and world-class stages; the message remains the same- our power lies in our ability to acknowledge each other first.

Her approach is authentic, honest and often hilarious. She speaks passionately about resilience, mental health, leadership, burnout, grief and trauma- and how reconnection is the answer to so many of the root problems we face. Her wildly popular book, *Kids These Days*, was published in 2019 and has sold 150,000 copies worldwide. Jody’s message is as simple as it is complex: we are wired to do the hard things, but we were never meant to do any of this alone.

With a Ph.D. in clinical psychology, work with major institutions and a thriving clinical practice, she brings a depth of experience and insight that is unmatched in the industry.

Jody lives in small-town Olds, Alberta, with her husband and three children (she had three kids in 2 years to test her *own* resilience) and leads the amazing team at Carrington & Company.

**10:30 am – 12:00 pm Traditional Ecological Knowledge and Cottonwood Dugout Canoes
(Universal)**

Brenda Celesta will be sharing her knowledge and journey about teaching a course, called T.E.K., at Brock Middle School. Grade 8 students carved cottonwood dugout canoes and learned about Secwepemc history, technology and the process involved in carving as well as connecting this ancient teaching, from the lessons and primary carver, to many curriculum areas. Teachers will learn this valuable cultural knowledge and how their own students can share in the preservation of history.

Weytk, **Brenda Celesta** is of Secwepemc and Nlaka'pamux ancestry and has been teaching in School District 73 for 21 years in grades 7-12. Brenda recently moved from Brock Middle School to the Henry Grube Education Centre as the District Aboriginal Resource Teacher for Secondary. Brenda has a Master's Degree in Educational Leadership and through the years explored and researched many of her own cultural teachings through her community, family, and Secwepemc and Nlaka'pamux elders and leaders. She is willing to share her knowledge with you and hope that you take away some ideas for your own classrooms.

**10:30 am -12:00 pm Webinar: A Village Around Every Family (Cultural Safety in
Systems) (Universal)**

This Webinar from the Village Workshop Series will assist you as you move forward into reconciliation. We will deepen our understanding regarding decolonization and learn about how we can increase cultural safety for families who have Indigenous ancestry. From this learning, which was inspired by Jann Derrick and many Elders, comes an increased understanding of the respectful ways of engaging and working collaboratively in order to build more culturally safe systems. The participants will have a cognitive and emotional understanding of traditional First Nations' values. This learning echoes the sentiments and goals of the TRC Calls to Action and The United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP).

In 2012, Kathi Camilleri's work was nominated for the Premier's Award for Excellence in Leadership, the B.C. Reconciliation Award, and for an Excellence in Diversity Award from the provincial Nesika Foundation. Kathi uses humour, kindness and wisdom to hold the space safely for us while we change how we see the world and how we forever interact with those who have Aboriginal Heritage.

Kathi Camilleri (Spotted Doe) is of Metis/Cree Ancestry, holds a Master's Degree in Leadership Studies and Certificates in CBT and DBT. She facilitates strategic planning sessions, keynotes and experiential Village workshops regarding Canada's Policy of Assimilation and Colonization with all levels of government, students, educators, and frontline workers in communities across Canada. Kathi and her husband Chris have a blended family with six boys and one (brave, tough) girl.

10:30 am - 12:00 pm EASE K-7 (Everyday Anxiety Strategies for Educators) (Elementary)

Join Jocelyn Campbell to begin the new EASE online course and classroom resources. EASE aligns with the BC Curriculum and is full of fun and easy activities. Jocelyn will also showcase the EASE kits found in the HGEC Learning Commons. EASE benefits all learners while helping anxious students develop effective management tools.

Jocelyn Campbell is a SD 73 Mental Health Clinician and involved with EASE as district liaison and provincial consultant.

10:30 – 12:00 pm EASE 8-12 (Everyday Anxiety Strategies for Educators) (Secondary)

Join Jenna Ewert to explore the NEW~EASE online course and resources for Grade 8-12 teachers. This session is full of curriculum aligned, evidence-supported information with a focus on practical strategies to support students in your classes with mild to moderate anxiety.

Jenna Ewert is the SD 73 SEL Coordinator and SD 73 Mental Health Clinician. She has experience as a high school educator and registered counsellor. Jenna is a district EASE liaison.

10:30 am – 12:00 pm Inspiration and Invitations from a Living Classroom. Magic in the Wild Practices; Nature Journaling as a Pedagogical Tool, and Building Relationships with Your Places (Universal)

This online workshop will explore Nature Journaling. It is a worldwide movement that integrates art, science, and nature exploration. Tricks and best practices would be shared; discover how nature journaling connects science, language arts, math, visual arts, critical thinking, and mindfulness. Use Nature Journaling as an educational tool to build relationships with the world.

Participants will learn to identify different types of art supplies and setups that are suitable for outdoor, from early year learning to the elementary/secondary level. What are the must-have items and organizations to transform your art program to the outdoors? Learn to make your own nature brushes and ink. Basic watercolour techniques would be introduced. No art skills experience is necessary, just an open mind to learn and play.

Maggie Chow has been serving the community with inspiring programs and events for over 30 years. Her practices fall under the influence of the Reggio Emilia philosophies and methodologies. She does seasonal work as an art education consultant for the Shishalh Nation's Early Childhood Education Department. Maggie has recently joined the Robert Bateman Foundation Nature Sketch program to promote eco-literacy and to inspire appreciation of the natural world. She is a full-time artist and entrepreneur based in Vancouver and Penticton.

10:30 AM – 12:00 PM Building Your Thinking Classrooms: (Key implementation strategies, how to create resources and assessment through data collection) (Universal)

This session is intended to assist those, who are using some of the key elements of Peter Liljedahl's "Thinking Classroom" model, to make the shift to a full-fledged Thinking Classroom. Many forward-thinking math teachers have dabbled with the idea of tackling rich thinking tasks on vertical non-permanent surfaces in visibly random groups. This session will hopefully assist you with key implementation strategies (i.e. 'How do we present tasks without pre-teaching in order to promote thinking and learning?'). It will also provide some ideas for creating resources for student self-assessment, assessment and data collection tools, and meaningful notes packages.

Attendance at one of the SD73 workshops on 'Building Thinking Classrooms' hosted by Amanda Russett and Cynthia Morrow on April 12 from 3:30-4:30 (at the HGEC) or April 13 from 3:00-4:00 (Zoom) would be helpful prior to attending this session, but is certainly not necessary. They will do their best to ensure that everyone is up to speed with the basics before diving into these specific areas.

My name is **Darren Clark**, and I am the Numeracy Coordinator at Brock Middle School. In 2016, I attended my first of many Pro-D sessions with Dr. Peter Liljedahl- developer of the Thinking Classroom model. After attending this session, I was instantly convinced that this model far exceeded all others I had seen. Since this life-changing moment, I have dedicated my practice to implementing what I feel are far and away the best methods for teaching math to young people. As I continue to work to enhance my own Thinking Classroom, I am also working to assist colleagues to build and implement their own. I will die on the hill that math must be discovered through logic, reason and collaboration- not taught by a teacher (often using arbitrary algorithms that are simply mimicked and memorized).

10:30 am – 12:00 pm Google Tricks & Hacks for the Classroom (Universal)

Google Tips and Tricks for the Everyday Classroom- Learn an abundance of ways to take advantage of the Google Workspace in your classroom- from organization, to engagement, to free sources, this session has it all!

Emma Cottier is an enthusiastic and passionate teacher from the Saanich School District who thrives on opportunities to integrate technology in creative and engaging ways. She is a certified Google Innovator, Trainer, Ed Tech Consultant, graphic designer and technology blogger.

10:30 am – 12:00 pm Braveheart Writers: Teaching the Secrets of Quality Writing (Gr. 4-9)

Inspire students with The Author's Club strategy to improve the quality of their writing. Then develop your own Braveheart Writers – grade 4-9 students who are champing at the bit to write because their personal writing kit is loaded with a collection of simple 'secrets' to apply to their writing. Easy to implement, tomorrow, in your classroom.

Diana Cruchley is an award-winning educator and author. She has taught at both elementary and secondary levels. Diana is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

10:30 am – 12:00 pm Math Games for Intermediates (Elementary)

Thor Fridriksson will present several fun Mathematics games which will target specific skills in Mathematics: logical thinking, problem solving, mental math, probability. These games are low-tech and administered in a classroom. These are appropriate for Grades 4 to 7.

Thor Fridriksson is a retired teacher who spent over 40 years teaching. He absolutely is crazy about Mathematics. Thor taught courses at TRU and MSU and started the MathExpo project which he ran for 25 years. He has presented weeklong workshops in over 25 states and 3 provinces. For seven years after retirement he provided the district with the Family Math Program.

10:30 am – 12:00 pm Artificial Intelligence for Educators (Grades 4-9)

AI is a significant emerging technology for youth & society. Learning about AI supports thinking critically about our interaction with AI, supports learning how to contribute to AI in society, and supports learning how to leverage AI to face global challenges. In this workshop, we will cover the basic principles of artificial intelligence and try out some hands-on AI activities- you will even get to create your very own AI program using Scratch.

UBC Geering Up is dedicated to promoting science, engineering, math, and technology to the children and youth of British Columbia through fun, innovative, and hands-on experiments and projects.

10:30 am – 12:00 pm Mousetrap Race Car for Elementary Students

This is a fun and engaging cross-curricular engineering activity that teachers can bring into their classroom. Students learn about Newton's 3 laws and build a mousetrap powered car which they can then race for a chance of victory and glory! A mousetrap powered car is a vehicle that is powered by the energy of a wound-up mouse trap's spring. Students will design and build a machine that can transfer force and energy, then calculate the kinetic energy of the mousetrap race car. This activity encapsulates the fundamental physics of motion and kinematics in a fun and exciting way.

UBC Geering Up is dedicated to promoting science, engineering, math and technology to the children and youth of British Columbia through fun, innovative, and hands-on experiments and projects.

10:30 am – 12:00 pm Being Vulnerable as a Way to Connect and Heal (Universal)

Life outside of the school has a major effect for the teacher within the school. Who we are as people also has a major effect on how we approach our teaching, our students and how we develop relationships with staff, parents and students. I want to use my own experiences to

help teachers develop their own strategies that are most effective for them. There is not a 'one size fits all' because we are each an individual. The boundaries I set for myself may look differently for someone else. I also hope to encourage all teachers to be able to rest without guilt. That is where true rest lies.

Dr. Susan Euverman. I decided to quit. I quit teaching 4 years ago to finish my doctorate. I completed my doctorate in 2019, then endured a major health crisis throughout 2019, which I continue to deal with. Then, I realized my dream of teaching at a university was not to come to me. I applied for 138 jobs in the span of about a year before landing in Dawson Creek to teach a grade 4/5 class. Through these experiences, and much more over the past 11 years, my interest has become studying how people are able to survive extremely low points in life, massive career disappointments, yet continue to move forward. I no longer want to just survive, I am looking to thrive in my life and that has become my interest. I have the knowledge and experience to help teachers develop strategies to set boundaries within their careers to allow them the time to connect to their students and become the teachers they want to be.

10:30 am – 12:00 pm Surfacing Stories: Transforming the Ordinary to the Extraordinary (Grades 3 and up)

Are your students having difficulty finding worthwhile situations to write about? Can they see the potential drama in a story about a paper cut? Bryan Gidinski will share some brainstorming and storytelling strategies that empower students to make thoughtful choices, and find meaningful and engaging topics to write about with authentic voice.

Bryan Gidinski is a teacher with 20 + years of teaching experience. He is the District SOGI Support Teacher (Elementary) in Burnaby. He enjoys facilitating rich writing experiences for students, and he also advocates ensuring that LGBTQ+ students see themselves reflected in curricular resources, and classroom contexts. He is the founder of www.lostboyconsulting.ca.

10:30 am – 12:00 pm Sex and the Law: What Do Students Need to Know? (Secondary)

The law can be complex. This workshop will explore one's sexual health rights and responsibilities, the age of protection (consent), when to report, and more. This workshop is aligned with the BC PHE curriculum and is ideal for secondary PHE teachers.

As a sex educator, **Kristen Gilbert**, Director of Education Options for Sexual Health, delivers comprehensive sexual health education to students of all ages in a wide variety of school settings. Kristen leads the Options for Sexual Health Education Certification (SHEC) program as well as Options vibrant professional training programs providing support for education and health professionals who wish to develop their capacity to connect confidently with clients about their sexual health and sexual well-being.

10:30 am – 12:00 pm Accelerating the Reading Progress of Students: Looking from Within Through a Strength-Based Lens (Elementary) Repeated in Session 'B'

We all want our students to be able to read. Many of us know how important it is for our students to learn to read, yet we continue to ask the questions, "*How can I motivate my students to read?*" "*How do I teach the love of reading?*" "*What are the essentials that I must know in order for my students to be successful readers?*" Join Breanne Glover and Paul Pantaleo to find out how to best teach your students by looking at them from the inside out and stop seeing them as a label or number. The presenters will discuss research-based fundamentals in teaching reading, the complexities behind reading development in children, the benefits of reading levels, how to use observation to assess as we teach, and the importance of goal setting. Participants will learn about an exemplary push-in or pull-out daily reading intervention model that will dramatically accelerate the progress of reading with students. You will walk away with practical and supportive handouts to support teaching in a manner that facilitates powerful strategic activity.

Breanne Glover (BEd, Post Degree Diploma in Special Education and MEd) is working as an Early Literacy Collaboration Teacher and **Paul Pantaleo** (BEd, MA, Post Master's Diploma) is a Learning Support Teacher, both working in the Greater Victoria School District. Breanne's passion for teaching children to read closely rivals her greatest life passion of being a mom to her two daughters. Paul has dedicated 40 years in the education field to making a difference for students learning to read and has a personal passion of travelling. The two presenters also work as part-time sessional instructors at the University of Victoria, co-teaching a course designed for teachers on the fundamentals of how to teach students to read. They have previously worked as Inclusive Learning Teachers, classroom teachers (elementary/middle), Reading Recovery Specialists, school administrators, Teacher Leaders and Teacher Mentors.

10 :30 am – 12 :00 pm Enseigner les outils intellectuels spécifiques à la pensée critique
Apprendre à penser de façon critique nécessite l'apprentissage d'« outils intellectuels » spécifiques. L'approche de TC² aide les élèves à développer leur compétence en pensée critique en enseignant explicitement des outils intellectuels spécifiques en contexte. Notre but est d'encourager les élèves à devenir des penseurs indépendants en utilisant des outils intellectuels appartenant à cinq catégories : connaissances fondamentales, critères de jugement, vocabulaire propre à la pensée critique, stratégies de la pensée et habitudes de la pensée.

Giovanna Longhi is an administrator and educator in Calgary. As an educator, she has worked on the Alberta Curriculum Review initiative and has been a member of local and regional Social Studies and French Immersion professional learning committees and specialist councils. Giovanna facilitates sessions in English and French, supporting concept-based pedagogy, embedding critical thinking strategies in the classroom and developing collaborative and engaging learning opportunities for students and teachers. When not working, Giovanna is ski touring and backpacking in the Rocky Mountains with her family and friends.

10:15 am – 12:00 pm Sexual Health Education: It's fun! (Secondary)
This recently revised BCTF workshop provides participants with essential information about sexual health. The topic of consent is discussed in detail. Workshop participants will become familiar with several recommended resources and some fundamental strategies for teaching

the mandated sexual health curriculum to BC students at all grade levels in public schools. The workshop will help teachers in accessing resources and developing lesson plans that satisfy the curriculum, as well as navigate the social and cultural context. This session is sex-positive and aims to empower educators to create an inclusive and comprehensive sexual health education program.

**Please note the early start time.

[workshop feedback form link](#)

Nichelle Penney has been teaching for nine years- primarily as a Secondary Social Studies teacher. Her passion is Genocide Studies and Social Justice. She has served on the Provincial Committee for Action on Social Justice for six years under the LGBTQ2S+ and Disability subcommittees. Nichelle has also recently completed her Masters in Education- Curriculum Development- whereby her final project was a Queer inclusive sexual health course aimed at the secondary level (grades 8-12), although some lessons can be adapted to a grade 5-7 level. Lessons can be found at <https://ed6392.weebly.com/>. Finally, Nichelle enjoys a good book to relax, jogging, and long walks on the beach with her dog.

Vanessa Broadworth is an elementary school teacher in Surrey. She's passionate about social and environmental justice. She is active in the union, at both the local and provincial level, and enjoys facilitating workshops for fellow educators.

10:30 am – 12:00 pm Sustainability: The Educator's Playbook (Universal)

As educators, we know we want to be part of a sustainable future, but how can we shape our classroom experience to reflect that reality? How can we be 'that person', 'that educator'? It's easier than we may think! Come and check out the playbook and make sustainability a 'happening thing' in your professional life, in your classroom.

Pamela Gibson has always had one foot in the here and now and the other planted firmly in a sustainable future. As a career-long classroom teacher she has sought to give kids the experiences they need to see that future for themselves and actively work toward it. Now working with *Learning for a Sustainable Future* as Lead Facilitator, Pamela has opportunity to inspire other educators to set off on their own sustainability journey.

10:30 am – 12:00 pm Assessment as Kindness (Universal)

The primary purpose of assessment is not to generate marks- it is an act of kindness designed to altruistically cultivate agency in learners that inspires a desire to learn and empowers students with the capacity to engage meaningfully and productively in learning.

Effective Assessment as kindness sets teachers' needs aside and creates opportunities for students to engage in learning in which they are personally invested. It involves students monitoring and growing their own learning as teachers meet them where they are by providing the guidance each student personally needs to flourish. This breakout session will build off of

the keynote to more deeply explore assessment practices that seamlessly weave into learning making assessment both a source of inspiration and a means to enhance student learning through timely, student-driven, supportive guidance.

Garfield Gini-Newman is an Association Professor in the Department of Curriculum, Teaching and Learning at OISE, University of Toronto. He explores how to teach through sustained critical inquiry while nurturing deep conceptual understanding and genuine competence. Garfield has worked with thousands of teachers across grades and subjects, helping them to frame learning around engaging and provocative activities and rich, authentic assessments.

Currently, Garfield is engaged with schools across Canada, in South America, Asia, Africa and Europe. Over the past two decades, requests for Garfield's services have taken him from Asia to the Middle East, Europe, the Caribbean and across North America. His interest in effective teaching and learning has led him to actively explore the challenges and opportunities presented by teaching and learning in the digital age. In addition to his work at the University of Toronto and delivering workshops, Garfield has authored over 100 books, chapters and articles as well as having taught in the faculties of education at York University and UBC.

10:30 am – 12:00 pm You've Got This! Assessing for Thinking in Math (Universal)

If you want your students to understand the importance of thinking in math and want to help your students improve the quality of their thinking, focusing your math assessments on reasoning competencies that align to the mathematical processes will do it! Join me in learning about eight reasoning competencies that will move your students' ability to think mathematically from okay, to good, to great!

Laura Gini-Newman is the math consultant with The Critical Thinking Consortium working with students, teachers and leaders to become better thinkers in mathematics across Canada, in the USA, the Caribbean, Central and South America, Europe and Asia. She has published and co-authored several textbooks, papers and learning resources in philosophy, history, mathematics, and Indigenous education. Laura's new publication on Assessing Mathematical Thinking has just recently been released in January 2022. Laura is also the co-founder of Flourish Co., an organization that works with teachers and students to help develop a Flourishing Mindset using TEC, a thoughtful, empowering, and self-coaching approach to maximize learner well-being.

10:30 am – 12:00 pm Creative Practices to Sustain the Soul (Universal)

Do you feel worn out and emotionally spent? Is your life on fast-forward and you long to slow down and enjoy more experiences that feed your soul? In this session, we'll focus on practical strategies for creative practices that will help you and your students intentionally connect with your humanity. With so much of our time spent online, we require a renewed awareness about our inner lives by making space for our emotions. We'll cover journaling, meditation, nature, minimalism, juggling, art, exercise, Netflix and more (while practicing a few of these). Come prioritize your soul so you can model this calm to your students.

Julianne Harvey is an author, speaker and nurturer from South Surrey. She has four self-published books and her short fiction has appeared in several literary magazines. Julianne holds a BA in Creative Writing, along with a certificate in Counselling Skills, and is working towards an MFA at UBC. For more information, please see julianneharvey.com.

10:30 am – 12:00 pm Designing for Inclusion: Creating Accessible Educational Materials for All Learners (Universal)

How accessible is the digital content shared with your students? With students using an increasingly wider range of software and online tools, it is more important than ever to consider the accessibility of learning content.

Designing for Inclusion is an interactive workshop intended to provide educators with the tools and strategies necessary to produce more accessible educational materials for all learners. In this presentation, the principles of inclusive design are applied to content created in online platforms such as Office 365 or Google Apps for Education. Participants learn how to design content with accessibility in mind from the outset so that materials can be accessed by the greatest number of students with diverse access requirements. Topics include:

- Exploring the helpful features of digital files, like read aloud and highlighting
- Learning about how styling, colour contrast, and images contribute to the accessibility of a document
- Captioning for pre-recorded and live video (e.g., Zoom, Teams, YouTube)
- Formatting documents for best results for students using Immersive Reader or Read&Write.

(register here: <https://forms.gle/7EzHCboBUECcMcyz6>)

ARC-BC is funded by the BC Ministry of Education and hosted by the Vancouver School Board via PRCVI. ARC-BC works in consultation and partnership with BC school districts and independent schools, other alternate format producers, and publishers to provide requested materials in a timely manner.

Colton McClaflin is the IT and Multimedia Specialist at PRCI/ARC-BC. He presents regularly on digital accessibility and the use of alternate format materials from ARC-BC.

Jen Jesso is a teacher of students with visual impairments, O&M specialist, and the outreach coordinator at PRCVI. She regularly presents on access technology from her perspective as both a user and educator.

10:30 am – 12:00 pm Invasive Species Education: Inspiring Hope and Environmental Stewardship (Universal)

Connect to Place with meaningful learning through Invasive Species Education!

In this session, you will participate in hands-on, curriculum-linked activities that provide your students with opportunities to develop deeper connections to nature and inspire them to care

for and steward the land by learning about and taking action on invasive species in their community.

Invasive species are one of the greatest threats to BC's biodiversity and have enormous ecological, social, and economic impacts. In an age of overwhelming environmental issues, students can feel empowered, hopeful and learn that they can make a difference by participating in invasive species and action projects.

Our engaging team of presenters, the Thompson-Nicola Regional District and the Invasive Species Council of BC, will share how invasive species impact our region and what you and your students can do to make a difference. You will leave this session with resources to inspire you and your students, including lesson plans, games, videos, project ideas and 'Monday Ready' activities (and maybe even one of our great door prizes!).

Coleen Hougen is the Invasive Plant Management Coordinator with the Thompson-Nicola Invasive Plant Management Committee, administered by the Thompson-Nicola Regional District. Coleen has 20 years of experience in conservation biology and agrology. When Coleen is not busy enjoying BC's wild outdoors with her family, she is working towards protecting the areas we love, and resources we rely upon, from the impacts of invasive plants.

Sue Staniforth is the Education and Outreach Manager with the Invasive Species Council of BC. As a biologist and educator, Sue brings to her work over 30 years of experience in conservation work, community outreach, developing curriculum on topics ranging from biodiversity to outdoor classrooms, facilitating professional development workshops and training a range of industry professionals. She is passionate about connecting people to nature and inspiring them to take action to protect biodiversity.

Stephanie Weinstein is the Education Lead with the Invasive Species Council of BC. Whether facilitating professional development workshops with teachers, exploring BC's great outdoors with children, or developing curriculum-linked lesson plans and activities, she is passionate about connecting people to nature and inspiring them to learn about, care for, and take action to protect biodiversity.

10:30 am – 12:00 pm Peace Bins (Elementary)

How can we best help our students become balanced, mindful, functioning members of our school and community? What I mean by this is not as an academic focus, but rather how we can help them become active members of a group that support, create positive connections, are mindful of their stress levels, are mindful of how they can bring their body into a calm state, and how they can work around others without causing incidences. We are always reminded that we need to slow down and address these underlying issues before any learning can take place. In this workshop we will show you how we developed our Peace Bins. These are nine bins that focus on self-regulation strategies. They provide activities that help students calm their body, thoughts, and emotions. We will show you the tools and material needed to create your Peace Bins for your classroom.

Carmelina Woods and **Jennifer Coates** are primary teachers at the Kamloops School of the Arts. They both have a passion for seeing students learn ways to be successful. They have a love of literacy and social development when working with students of all ages. Carmelina and Jennifer are both parents who have found a deeper meaning in understanding the importance of having children be well-balanced in all areas of their lives. In their teaching journey they also discovered the importance of being mindful, well-rounded, balanced educators and parents.

10:30 am – 12:00 pm Rap Battle Strategy (Secondary)

If the thought of a rap battle has your knees weak and arms heavy, this workshop can turn things around. Breaking down this seemingly off-the-cuff art form into teachable techniques, you will learn that it is more formula than freestyle. From writing rhyme charts to fabricating fill-in-the-blank lines, the appearance of improv can be backed by hours of preparation. This workshop is a glimpse into some activities and support materials that will give you and your students the ability to lose yourself in the music.

Gradually scaling up from the foundation, this structure is meant to cater to even the most hesitant performers. The activity-heavy nature of the session will give you practical exercises to bring back to the classroom, starting with stressless behind the scenes work and moving closer to center stage with each step. Beginning with brainstorming and prep, allowing for group work and other social comforts, moving into shorter and more independent prep periods before the beat drops, and slowly scaling into full-fledged battle mode, the strategies are made to tiptoe seamlessly towards the mic.

Miranda Krogstad is a spoken word poet and educator who uses her words to empower students of all ages and walks of life. Teaching life skills including self-confidence, self-expression, and community-building, she has performed workshops in dozens of cities across Western Canada.

Outside the formal education setting, Miranda is an advocate for positivity and love in the spoken word community and beyond, performing on subject matter from mental health awareness to gender equality. Miranda was a member of the 2016 national wild card team, a two-time Canada Council for the Arts grant recipient, a Calgary Arts Development Grant Recipient, and a participant in the Banff Centre International Spoken Word Program. She has since founded the organization YYSpeak to promote and support Calgarian spoken word poets and events.

9:00 am – 2:30 pm TPRS Teacher Training, Part 1 (Universal)

Teaching Proficiency through Reading and Storytelling (TPRS) is a powerful second-language teaching methodology that promotes natural and authentic language acquisition through the co-creation of class stories. This workshop will introduce you to the core skills of TPRS, how to plan lessons for optimum engagement and the basics of assessment. Teaching with TPRS is guaranteed to bring joy and magic to your classroom and allow you to stay in the target language 90% of the time!

**please note the early start

Michelle Metcalfe is a well-known TPRS teacher, presenter, trainer and coach. She has presented, coached and trained teachers in TPRS and Comprehensible Input based methodologies throughout BC as well as in the US and elsewhere in Canada. She teaches Spanish 9 to 12 IB at West Vancouver Secondary School and has been teaching exclusively with TPRS and Comprehensible Input since 2010. Michelle is also one of the writers of the BC Core French Curriculum. In her free time Michelle loves to travel, read, cook and dance.

* COVID Protocols permitting, April 26 will be another full day of training. TTOCs will be provided by the Language Coordinator. Please contact the Language Coordinator if you need a TTOC: languagecoordinator@exc.sd73.bc.ca.

10:30 am – 12:00 pm Sexual Orientation and Gender Identity: Strategies for the Gender Affirming Classroom (Universal)

This workshop will introduce key terms and concepts of Sexual Orientation and Gender Identity (SOGI) curriculum. Attendees will learn to go beyond the gender binary and be given strategies for creating welcoming and safe gender-affirming spaces for their students.

Mahtab Nazemi is a professor at TRU. Prior to working in Teacher Education, she taught French Immersion and Mathematics, and has long been involved in SOGI curriculum in B.C. She is the chair of the Women and Gender Equity for the Federation of Post-Secondary Educators (FPSE), and co-chair of Gender Equity Committee for TRU's Faculty Association. Her commitments to equity at the intersections of gender, race, and sexuality permeate her teaching, research, and community endeavours.

10:30 am – 12:00 pm Inclusion: It's Not More Work, It's Different Work (Universal)

In this session, we will build on our understanding of what inclusion is, and start to dig into how we can make it happen! We will look at an overall framework that puts students in the centre of our planning, and aims to adjust the contexts to respond to their needs (instead of the other way around).

Originally from Edmonton, and now based in Vancouver, **Shelley Moore** is a highly sought-after teacher, researcher, speaker and storyteller and has worked with school districts and community organizations around the world, in supporting and promoting equity for all learners. Her first book entitled, 'One Without the Other' was released in July 2016 to follow up her TEDx talk. Shelley completed an undergraduate degree in Special Education at the University of Alberta, her masters at Simon Fraser University, and is currently a PHD candidate at the University of British Columbia.

9:00 am – 12:00 pm Grade 4 Nelson Socials: Learning about Secwepemcul'ecw and First Peoples (Gr.4, and Teacher Librarians)

Are you ready to explore this fantastic new social studies resource and delve into our local history? Last year, each elementary school received a class set of *BC Nelson Social Studies*

Grade 4 print and digital resources to support the teaching of the Social Studies curriculum. This half day workshop will provide an opportunity for Grade 4 teachers to deepen their understanding of Nelson Socials, especially Chapter 1: Land and First Peoples. In addition to looking at the Teacher's Guide and the Online Teaching Centre for lesson ideas on natural resources and trade, we will share some information and resources about the beautiful and bountiful land we call home: Secwepemcul'ecw. Because this session is about the land, we hope to meet in-person at the HGEC (Rm. 6) to experience a number of engaging hands-on activities that you can use with your students. Limit of 30 participants.

**Please note the early start

Trudi Nielsen, Tricia Persad, Pamela Thomson and **Andrea Wallin** are District Co-ordinators based at the H.G.E.C.

10:30 am – 12 pm Chilcotin War (Secondary) (repeated in session B)

In 1864, a road was being built from Bella Coola to what is now Williams Lake. 'Unfortunately' for the white settlers, there were people living along the proposed route and those people did not want a road going through their territory. They fought back, so they were given gifts to appease them. These gifts were infected with small pox. The Tsilhqot'in Chiefs fought back again. They were then invited to a meeting where they were all subsequently arrested and hanged. Recently the Federal government offered apologies on this matter and members of the Tsilhqot'in Nation were invited to Ottawa. Working closely with the Tsilhqot'in National Government, we have created a lesson plan to teach this unit in Law 12, BCFN 12, Explorations in Socials 11, and Social Justice 12. This unit plan has now been published and is available for use across the province. Complete with lessons, possible guest speakers, access to a pronunciation guide, and the TNG produced videos, this unit plan is a positive movement towards the reconciliation of the TRC. Discussion also includes how to facilitate locally developed resources in connection with local aboriginal groups, through our own trials and errors to create this unit and have it published and produced provincially.

Currently, **Shannon Rerie** is teaching in the Cariboo Chilcotin Virtual Secondary. She teaches the six most rural schools, online, and then travels to each school once a week to connect with the students in person. Shannon has worked in this district for 14 years and has taught everything from culinary arts to computer science. Shannon is most passionate about teaching English First Peoples and Social Justice, Genocide 12 and BCFN 12. She is passionate about social justice issues, specifically racism and homophobia. Shannon's daughter came out as transgender a few years ago, and so her years of fighting for LGBTQ2+ rights have become far more personal.

**10:30 am – 12:00 pm Be an Influencer Thru Inspiration! (Universal)
(repeated in B session)**

What sets a good teacher apart from a mediocre one? An extraordinary teacher is a person who has learned how to be inspired and then having the ability to influence others.

Teachers have an insatiable desire to make things happen. They do, create and share. It is through this drive where they discover how to influence and inspire those around them.

To be inspired, it means going within, working from the inside out. What inspires you? What makes you giddy, and bounce out of bed excited to start your teaching day? We will explore what captivates you and grabs at your heart strings, and why.

<https://us02web.zoom.us/j/82697119392?pwd=QW41Y3B5MXI5Q3ZHTWo1Qk1JMDYxdz09>

Meeting ID: 826 9711 9392

Passcode: 288204

Celine Calfa, owner of Celine Rose Training, has worked with women, leaders, youth and mostly non-profits in the field of emotional intelligence, leadership, and personal growth. Emotional intelligence plays a significant role in a person's success both professionally and personally. Through empowerment coaching, Celine provides neutral and insightful perspective to whatever a person is challenged with. She focuses on matters of the human spirit and people becoming more heart-centered again.

10:30 am – 12:00pm TWIG (Grades 6-12)

TWIG is tailor-made for teachers in Grades 6-12. The TWIG website provides school-wide access to thousands of three-minute films for Science, Math and Geography, as well as worksheets, lesson plans, quizzes and diagrams. TWIG resources are easy to use. This session will provide an overview of the resources available in TWIG and examples as to how teachers would be able to use it in the classroom/online. TWIG is available, free, to all BC Public Schools through the BC Digital Classroom.

Mike Silverton has been providing professional development and in-service to teachers for over 25 years. He has taught from elementary to the graduate level and has a wide range of experience to draw upon to provide enriching workshops for all. Mike is the Coordinator of Professional Learning for Focused ED and the Past-president of the Computer Using Educators of BC PSA (CUEBC) and an Honorary Lifetime Member of the BCTF.

10:30 am – 12 pm Trauma Informed Educational Care (Elementary)

According to Thomas Boyce (2019), the author of 'The Dandelion and The Orchid: Why Some Children Struggle and How All Can Thrive', highly reactive 'orchid' children are sensitive to their environment and are at a higher risk of being misunderstood. There will be many factors about children that are unknown to us as educators and teachers, however in the time we work with children we can create environments that support resilience, or negatively impact already sensitive children. In this workshop participants will be presented with information about what impacts childhood mental health. Participants will be presented with information on stress, adversity, and trauma and will learn about the observable qualities of relationship building and co-regulation as a foundation for compassionate, trauma-informed educational care.

Ana Valle Rivera has a diploma in ECE, a Bachelor in Child and Youth Care and is currently completing a Master of Professional Education in ECE through Western University. Ana is a parent, a children's book author, and the founder of Early Years Workshops & Training. Ana currently works as an Infant Development Consultant and works alongside the Coalition of Child Care Advocates for BC on advocacy for a quality \$10/day child care system. Ana has many aspirations but her focus is to inspire positive change in the early year's field through sharing a vision of social justice and social wellness for all.

10:30 am – 12:00 pm Fostering Emotional Regulation: From Fears to Tears (Universal)

Is your child struggling with anxiety, defiance, tantrums, meltdowns, and overall emotional dysregulation? Does the world feel overwhelming right now? Too many changes, too quickly? Struggling to find the right words or the tools to help your child navigate big feelings?

This course aims to provide information for caregivers and professionals about the importance of self-regulation in both ourselves and the children we are supporting, as well as to focus on strategies that we can use with the children we are supporting to enhance their development of self-regulation skills. The workshop also includes a section with tools to empower you to help your child navigate the current uncertainty and fear spreading across the globe.

Tammy Schamuhn is a Registered Psychologist, Registered Play Therapist, Registered Play Therapist Supervisor, and the Co-Founder of the Institute of Child Psychology. She has a Bachelors of Education from the University of Alberta and practiced as an Elementary Teacher in Canada before going on to do her Master's degree in Psychology. She is also the Founder and Executive Director of Family Counselling Centres where she and her team treat children, adolescents, and their families through the use of a variety of types of therapies. Her clinic also utilizes animals in their practice, as Tammy has developed canine-assisted and equine-assisted therapy programs for treating children and teens.

10:30 am – 12:00 pm Students as Detectives: Teaching Students to Think Critically Using Images (Grades K-7)

Images are an ideal place to start thinking critically because all of our students can be taught to look closely and make inferences based on what they see. We'll look at a variety of structures that help facilitate thinking about images. We'll also explore a number of specific tools to support students and consider ways to assess this kind of thinking.

Stefan Stipp was a classroom teacher in Surrey for 23 years and currently works as a Vice-principal in Surrey. A primary focus of his teaching practice was building communities of thinkers in his Social Studies, English, Career Education and Psychology classes. Stefan has taught and mentored students as a Faculty Associate with SFU and he teaches a Social Studies Methods course at the University of the Fraser Valley. His contributions to TC² include authoring and contributing to various publications including the recently published Teaching Historical Thinking (second edition). He facilitates workshops on promoting self-regulated learning, student engagement, building classroom community, critical thinking and historical thinking. Stefan's work is grounded in his day-to-day experience with students in schools. In 2013

He received the Prime Minister's Award for Teaching Excellence.

10:30 am – 12:00 pm He, She, They? ~ Building Inclusivity and Awareness Into Your School's Mission (Universal)

Does your school offer an inviting space for all? Are you and your employees reflective of the community you live in? Here in Canada we've made leaps and bounds towards creating a more inclusive place to live, learn, work and play. But, there is still more work to be done. As teachers, parents and students, we have the ability to change, advocate, and create a better future for those identifying as LGBTQ2+.

In this 1.5 hour interactive workshop you will learn:

- The many ways to create a more LGBTQ2+ inclusive place to work and learn.
- What pronouns mean and why it's important to use them correctly.
- The importance of creating a school where everyone feels a sense of belonging, safety, and support.
- Common myths of the LGBTQ2+ community debunked.

Kristy Ware is a holistic Health Coach, Wellness Facilitator, Educator, and the author of *Synergize Your Health- the 6 Elements for Greater Vitality and Joy*. She inspires individuals and organizations with personal growth and development. Kristy coaches, educates, and lives her life according to her 6 elements of health: rest, movement, connection, nutrition, mindfulness and self-love. She knows that in order for lasting sustainable change to occur, small consistent steps are key.

Kristy has been featured on many stages and virtual platforms where she weaves together stories, science and strategies that make taking action toward your goals and desires simple and effective. Her energy and enthusiasm are contagious. Kristy lives in Vernon with her wife and son.

8:30 am – 2:30 pm Introduction to Outdoor Ed Programs offered at Sa-Hali and Valleyview (Universal)

Are you interested in starting an Outdoor Ed program at your high school? Are you interested in exploring outdoor activities in the natural environment? Join us at McQueen Lake to learn about the various outdoor ed programs offered in SD 73. This workshop will take place at McQueen Lake and will include classroom and outdoor sessions. A bus to transport participants will be provided. Limit of 24 registrants.

Annemarie Watts has been a teacher in SD 73 since 1993. Her passion is teaching PHE and providing opportunities for students to fall in love with movement and physical activity. Over the past 20 years her focus has been on increasing participation rates for female students in PHE through offering Exercise for Life and Girls in Motion. Last year she started an outdoor ed program at Valleyview Secondary to provide more opportunities for students to explore the outdoors. She has lead various trips to McQueen Lake as well as numerous local trips with a focus on outdoor activities.

Greg Wagner teaches Outdoor Education 12 and Environmental Science 12 at Sa-Hali Secondary. He has been involved with facilitating outdoor learning experiences for students of all ages for the last 20 years, and has lead groups of students to McQueen Lake many times. Greg completed his Master's in Critical Environmental Education at the University of Saskatchewan in Saskatoon. He looks forward to discussing ways students can learn outside in a variety of forms and contexts.

10:30 am – 12:00 pm Culturally Responsive Classrooms: Building Equity for ELLs (Universal)

This workshop will feature learning and teaching strategies that you can easily implement to ensure that you have a culturally responsive classroom. We will define what a culturally responsive classroom is; we will share ideas and strategies; and best of all, we will have 4 secondary ELL students present their experiences in their respective schools. The students will respond to pre-determined questions, and you will also be able to ask them questions. A Settlement Worker from Kamloops Immigrant Services will also be joining us to provide information about their role in supporting students and families. Maximum 20 participants. Register here: <https://forms.gle/uqgSXpcKmm5adLJz6>

Elizabeth Webber, Lori Nelson, Meghan Simpson and **Becky Webb** are District ELL Teachers in Inclusive Education Services at the HGEC. Part of their role as ELL teachers is to spread awareness of diversity and to encourage inclusion of students and staff from all ethnic origins. As a team, they bring their diverse backgrounds and experiences in education together to support each other as well as the students that they work with.

10:30 am – 12:00 pm Mindfulness Matters: Mindfulness for Educators (Universal)

Learn about recent research on mindfulness that is demonstrating exciting benefits for both educators and students. Learn simple mindfulness activities to implement in your own lives and to introduce to children. Mindfulness techniques can help all educators increase their ability to stay calm, focused and ready to teach. Leave with ideas to implement right away and suggestions of resources for further exploration.

Kristin Wiens (@kwiens62) is an Inclusion Coach for the Sooke School District (#62) located on Southern Vancouver Island. Kristin has worked as a Child and Family Counsellor, Life Skills teacher, Integration Support teacher and Curriculum Coordinator. Kristin is author/illustrator of the children's book [My Gratitude Jar](#) and creator of Long Story Shortz educational videos and graphics. You can find her videos and graphics at northstarpaths.com on Instagram @kristin.wiens or Twitter @kwiens62.

Session B 1:00 pm – 2:30 pm

1:00 pm - 2:30 pm BC History: The Stories of Working People (Secondary)

Join author and former Labour Journalist, Rod Mickleburgh (featured in the recent Knowledge Network Series 'British Columbia: An Untold History') as he recounts the stories of prominent

figures of BC's history who led the struggles to improve the working conditions and lives of everyday people. The selections of stories will be drawn from the history that is reflected in the Social Studies 9/10 curriculums. These stories will be supported with resources and activities that will provide an overview of classroom and on-line learning resources that will help the teacher guide their students through key moments in the development of British Columbia from the 19th into the 20th Century. The lesson materials reflect the learning standards, curriculum competencies and content of the current Social Studies curriculum.

The materials are in multiple formats. Print documents are ready for use and can be easily modified by the teacher to meet particular curricular and student needs. The lessons incorporate a wide variety of photographic and other primary/secondary documents. Many of the lessons utilize short videos from the *Working People: A History of British Columbia* series. Recent lessons have been developed around the role of Indigenous peoples and the translation of lessons into French is ongoing. The materials are freely available through the Labour Heritage Centre website and the TeachBC portal.

Rod Mickleburgh was a journalist for more than 40 years, including more than 10 years as a labour reporter, and spent 23 years with the Globe and Mail before retiring in 2013. He has written or co-written three books: *Rare Courage* recounting the experience of WW11 veterans, *The Art of the Impossible* about BC's first NDP movement headed by Dave Barrett, which won the BC Book Prize, and most recently, *On the Line*, the first comprehensive history of the BC Labour Movement. This book won the George Ryga Award for Social Awareness.

Wayne Axford is a retired Social Studies Department head from the Burnaby School District and is the Education Consultant for the Labour Heritage Centre. Wayne is also the Past-President of BCSSTA.

1:00 pm – 2:30 pm These are a Few of My Favourite Things- All Things Career Education for CLE and CLC (Elementary)

This session will focus on sharing career education strategies, resources and approaches. The session will start by highlighting key resources for all secondary classes and then move towards a sharing session with participants. There will be prizes and access to vetted resources.

Allisson Badger loves to explore the world of careers, from waterslide designers to hydraulics. She is an avid collaborator with fellow educators in working towards helping students discover possible preferred futures in an ever-changing world. Allisson is the District Career Education Coordinator; she is also the Secretary, and chairs the Professional Development Committee for the Career Education Society.

1:00 pm – 2:30 p.m., Waking Your Sleeping Giant; Accessing Your Inspired Wellness Within (Part 2) (Universal)

In this workshop, participants will walk away with their own empowering practice, to address a topic on their mind (not shared within the group). Participants will explore what is possible in their personal workbook, provided by the organizer. Group work will be limited to concepts and

questions that prepare participants for the dedicated workshop time of introspective exploration through their topic of choice. (The topic you decide to explore can be decided in the moment, as what is on our minds changes with time). This experience works with the awareness that you have all the wisdom, and inner resources, to connect, and create opportunity, inspiration, and personal fulfillment.

Dawn Burn retired early in June 2020, to pursue her fulfillment. Since then she has become a certified life & wellness coach to engage with people to spark momentum for change that supports their direction, growth and fulfillment. Her life experience includes a Master's Degree in Visual Arts- Painting. New developments are coming soon! *Aldo Renaldo and the Renegade Alphabet, Las Vegas: Histrion Kids, 2023*. Author, George Johnson; Illustrator, Dawn Burn. As well this year, Dawn will be delivering a six week online course called "The Painted Tree; From Personal Growth to Personal Expression", through Naramata Centre, in May/June.

1:00 pm - 2:30 pm What Animals Can Teach Us: Animal Concepts in Student Learning (Gr. 6 +)

BC SPCA programs educate youth on animal welfare issues and help them develop empathy, compassion, and critical thinking skills. The cross-curricular lessons developed by the BCSPCA incorporate fun, interactive lessons where students learn about animals by understanding their needs and similarities to humans, thus creating more respect for the environment in which they live. Information on how to receive free lesson plans and resources will be provided as well as information on our new virtual presentations.

After completing her B.A. at the University of Victoria, **Deirdre Campbell** has worked as a Museum Educator, Community Programs Assistant, and has now been employed as a Regional Humane Educator (based in the Thompson-Nicola) with the BC SPCA since 2019. In these roles, she has worked with students from Preschool to High School, with a wide range of learning abilities and behavioural challenges. As a Regional Humane Educator for the BC SPCA, she is able to use her passion for education and animals to develop curriculum linked units for K-12, deliver engaging workshops for students and educators, and has witnessed empathy, critical thinking and social responsibility flowing naturally from the animal connection. She has been working with her team since March 2020 to adapt these learning materials to an online platform to suit remote learners as well as in-class.

1:00 pm – 2:30 pm Navigating Twists, Turns and Sometimes Chaos (Universal)

Using the framework of EFFT (Emotion-Focus Family Therapy) Jenna Ewert and Jocelyn Campbell will explore the idea of responding to children to help them calm down faster and boost resilience. This 'tool' helps you join the child's/teen's world to make sense of emotions and behaviour. This session is suitable for all ~ teachers and parents.

Jenna Ewert and **Jocelyn Campbell** are SD 73 Mental Health Clinicians at the HGEC and excited to share this session's knowledge. Jenna and Jocelyn are both registered counsellors and educators.

1:00 pm – 2:30 pm Extending and Enhancing Instructional Routines in K-9 Classrooms

Jen Carter will share instructional routines and provide ideas on how to extend and enhance the use of instructional routines in the classroom. Examples of how to create a fully developed lesson from an instructional routine, how to use them as part of a math workshop and how to intentionally include them in your planning all year to help develop big ideas and competencies. We will focus on the concept of fractions across the grades from fair shares to operations.

Jen Carter is currently the K-12 Numeracy Coordinator for Vernon School District, Treasurer of the BCAMT and a member of the BC Numeracy Network. She teaches for UBC Okanagan, and is an author for Pearson's Mathology. Jen has past experience as an administrator for 25 years of teaching experience, with over 15 years as a primary teacher.

1:00 pm - 2:30 pm Supporting Children on the Autism Spectrum (Universal)

'Helping Children on the Autism Spectrum' will give a fundamental understanding of the autism diagnosis, characteristics, and the neurobiological and physiological mechanisms that underlie symptoms and behavioural concerns. This course will also explore practical tools and strategies so parents, caregivers, and teachers can work collaboratively to respond to the unique needs of children with autism.

Objectives: Understand the diagnosis and characteristics of ASD, develop an understanding of why symptoms occur, develop practical tools and strategies to help children with ASD, and foster a collaborative approach when working with children with ASD.

Cierra Chmiliar, M.C. Registered Psychologist, Registered Play Therapist

Primarily working with children, teens, and families, specializing in play therapy and equine-assisted counselling, Cierra works from a client-centered approach, and believes a non-judgmental relationship between the client and therapist is crucial for change. She works collaboratively with her clients to help them gain awareness and insight, so they can build and draw upon their own internal resources. To this effect, Cierra uses a wide range of modalities, including person-centered, play therapy, sand tray, trauma therapy (EMDR), equine-assisted therapy, art, and cognitive behavioural therapy.

Cierra has experience working within the school system, working primarily with children with developmental disorders, and their families. Cierra has been volunteering extensively at organizations with high-risk youth, and victims of crime.

1:00 pm - 2:30 pm Ninja Writers! Inspiring Your Reluctant Writers (Universal)

Do you have students who are reluctant to write? Write the minimum? Are difficult to inspire? This workshop focusses on how reluctant writers might be thinking as they approach writing. How can you accomplish your writing goals while luring them into the process? Diana Cruchley presents simple ways to **TWEAK your writing program** to make it fit more with how reluctant

writers think. This practical workshop includes writing ideas for all students that will lure your reluctant writers into writing- tomorrow.

Diana Cruchley is an award-winning educator and author. She has taught at both elementary and secondary levels. She is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

1:00 pm – 2:30 pm Math Games for Primary (Elementary)

Thor Fridriksson will present several fun Mathematics games which will target specific skills in Mathematics: logical thinking, problem solving, mental health, probability. These games are low-tech and administered in a classroom. These are appropriate for Grades K to 3.

Thor Fridriksson is a retired teacher who spent over 40 years teaching. He absolutely is crazy about Mathematics. Thor taught courses at TRU and MSU and started the MathExpo project which he ran for 25 years. He has presented weeklong workshops in over 25 states and 3 provinces. For seven years after retirement he provided the district with the Family Math program.

1:00 pm - 2:30 pm Applying the Engineering Design Cycle (Grades 3-6)

Engineering is a broad field that presents many opportunities for creative problem solving and hands-on learning. The engineering design cycle is a framework for thinking that can be broadly applied across all subjects and connects well to the Applied Design, Skills, and Technologies curriculum. In this workshop, you'll act as engineers and participate in a hands-on STEM lesson, while utilizing the engineering design cycle. You will come up with possible solutions to help eliminate barriers for a student in a wheelchair.

UBC Geering Up is dedicated to promoting science, engineering, math, and technology to the children and youth of British Columbia through fun, innovative, and hands-on experiments and projects.

1:00 pm - 2:30 pm Mousetrap Race Car for Secondary Students

This is a fun and engaging cross-curricular engineering activity that teachers can bring into their classroom. Students learn about Newton's 3 laws and build a mousetrap powered car which they can then race for a chance of victory and glory! A mousetrap powered car is a vehicle that is powered by the energy of a wound-up mouse trap's spring. Students will design and build a machine that can transfer force and energy, then calculate the kinetic energy of the mousetrap race car. This activity encapsulates the fundamental physics of motion and kinematics in a fun and exciting way.

UBC Geering Up is dedicated to promoting science, engineering, math, and technology to the children and youth of British Columbia through fun, innovative, and hands-on experiments and projects.

1:00 pm – 2:30 pm Artist Inquiry: From Studio to Studio (Grades 4 and up) Repeat of Session 'A'

An experiment combining biographical research with art exploration lead to a transformation in art methodology in Bryan Gidinski's classroom. He will share with you how inquiries into the methods and materials that artists used lead to vibrant, self-directed and successful art classes with amazing student investment and productivity in the production of their own art portfolios.

Bryan Gidinski is a teacher with 20 + years of teaching experience. He is the District SOGI Support Teacher (Elementary) in Burnaby. He enjoys facilitating rich writing experiences for students, and he also advocates ensuring that LGBTQ+ students see themselves reflected in curricular resources, and classroom contexts. He is the founder of www.lostboyconsulting.ca

1:00 pm – 2:30 pm Sexual Health: Teaching Healthy Relationships and Decision Making (Secondary)

This workshop covers healthy sexual decision making, consent, boundaries and healthy and unhealthy relationships. Kristen Gilbert will model these topics so that teachers can experience the workshop as a student would. The workshop is aligned with the BC PHE curriculum and it is aimed at Grade 7-12 teachers.

As a sex educator, **Kristen Gilbert**, Director of Education at Options for Sexual Health, delivers comprehensive sexual health education to students of all ages in a wide variety of school settings. Kristen leads the Options for Sexual Health Education Certification (SHEC) program as well as Options vibrant professional training programs providing support for education and health professionals who wish to develop their capacity to connect confidently with clients about their sexual health and sexual well-being.

1:00 pm – 2:30 pm Creating Optimal Conditions for Creativity to Flourish (Universal)

Igniting students' creativity creates win-win opportunities in classrooms. When students are given the opportunity to apply their learning in the service of creativity and innovation, their engagement is increased and their learning deepened. The ability to think creatively is innate in all learners- unlocking that potential requires five keys- opportunity, quality thinking, fluency, flexibility and time. During this workshop Garfield Gini-Newman will bring clarity to the concept of creativity and will provide practical examples, tools and strategies that support the nurturing of one of the key global competencies that has the potential to both enrich and engage students in learning. By framing assessments that invite creative responses and building students' capacity to think both critically and creatively, teachers can ignite student's passion for learning while building their capacity to develop thoughtful and innovative solutions to issues and problems facing society. Harnessing the potential offered through teaching for creativity supports future-oriented learning, helping to ensure that students find school interesting, relevant and rewarding.

Garfield Gini-Newman is an Associate Professor in the Department of Curriculum, Teaching and Learning at OISE, University of Toronto. He explores how to teach through sustained critical inquiry while nurturing deep conceptual understanding and genuine competence. Garfield has

worked with thousands of teachers across grades and subjects, helping them to frame learning around engaging and provocative activities and rich, authentic assessments.

Currently, Garfield is engaged with schools across Canada, in South America, Asia, Africa and Europe. Over the past two decades, requests for Garfield's services have taken him from Asia to the Middle East, Europe, the Caribbean and across North America. His interest in effective teaching and learning has led him to actively explore the challenges and opportunities presented by teaching and learning in the digital age. In addition to his work at the University of Toronto and delivering workshops, Garfield has also authored over 100 books, chapters and articles as well as having taught in the faculties of education at York University and UBC.

1:00 pm – 2:30 pm Balancing the Scale: Assessing with Achievement and Well-being in Mind (Grades 6-12)

Too many of our students sacrifice achievement for well-being, or well-being for achievement. Come learn about an approach to assessing math learning that shows our students that they can have both!

Laura Gini-Newman is the math consultant with The Critical Thinking Consortium working with students, teachers and leaders to become better thinkers in mathematics across Canada, in the USA, the Caribbean, Central and South America, Europe and Asia. She has published and co-authored several textbooks, papers and learning resources in philosophy, history, mathematics, and Indigenous education. Laura's new publication on Assessing Mathematical Thinking has just recently been released in January 2022. Laura is also the co-founder of Flourish Co., an organization that works with teachers and students to help develop a Flourishing Mindset using TEC, a thoughtful, empowering, and self-coaching approach to maximize learner well-being.

1:00 pm – 2:30 pm Accelerating the Reading Progress of Students: Looking from Within Through a Strength-Based lens (Elementary) (repeat of Session 'A')

We all want our students to be able to read. Many of us know how important it is for our students to learn to read, yet we continue to ask the questions, "*How can I motivate my students to read?*" "*How do I teach the love of reading?*" "*What are the essentials that I must know in order for my students to be successful readers?*" Join Breanne Glover and Paul Pantaleo to find out how to best teach your students by looking at them from the inside out and stop seeing them as a label or number. The presenters will discuss research-based fundamentals in teaching reading, the complexities behind reading development in children, the benefits of reading levels, how to use observation to assess as we teach, and the importance of goal setting. Participants will learn about an exemplary push-in or pull-out daily reading intervention model that will dramatically accelerate the progress of reading with students. You will walk away with practical and supportive handouts to support teaching in a manner that facilitates powerful strategic activity.

Breanne Glover (BEd, Post Degree Diploma in Special Education and MEd) is working as an Early Literacy Collaboration Teacher and **Paul Pantaleo** (BEd, MA, Post Master's Diploma) is a

Learning Support Teacher, both working in the Greater Victoria School District. Breanne's passion for teaching children to read closely rivals her greatest life passion of being a mom to her two daughters. Paul has dedicated 40 years in the education field to making a difference for students learning to read and has a personal passion of travelling. The two presenters also work as part-time sessional instructors at the University of Victoria, co-teaching a course designed for teachers on the fundamentals of how to teach students to read. They have previously worked as Inclusive Learning Teachers, classroom teachers (elementary/middle), Reading Recovery Specialists, School administrators, Teacher Leaders and Teacher Mentors.

1:00 pm - 2:30 pm If You Can't Fail, You Can't Succeed: How to Practice Risk (Universal)

The prevailing trend for students today involves emotional safety above all. Over time, this has created a risk-averse culture, where many would rather play it safe than step out of their comfort zone to challenge themselves. This session offers practical ideas to help you model risk in a responsible manner to inspire your students to aim high and learn to practice resilience when they experience failure. Designed to be interactive with small group discussion-time built-in so strategies can be developed and shared. Prepare to see failure in a whole new way!

Julianne Harvey is an author, speaker and nurturer from South Surrey. She has four self-published books and her short fiction has appeared in several literary magazines. Julianne holds a BA in Creative Writing, along with a certificate in Counselling Skills, and is working towards an MFA at UBC. For more information, please see julianneharvey.com.

1:00 pm - 2:30 pm Childhood ADHD: From Struggling to Thriving (Universal)

Does your child struggle with inattention, hyperactivity, distractibility, issues focusing at school, failure to complete assigned tasks, or avoidance of activities that require sustained focus? A diagnosis of ADHD can feel overwhelming and confusing for many families and caregivers; and even if your child hasn't been formally diagnosed, this course will help those caregivers whose children struggle with attention-related issues.

This workshop focuses on taking the fear out of the diagnosis by empowering you to become the agent of change in a child's life. This workshop will begin with an introduction to the neurobiological and environmental roots of ADHD, followed by an exploration of effective and ineffective caregiving strategies and skills, with a final look at the importance of relationship-based caring. Parents, caregivers, and mental health professionals will walk away with a full 'toolbox' of tools and resources to help the children in their lives thrive.

Tania Johnson is a Registered Psychologist and a Registered Play Therapist. She completed her undergraduate studies in South Africa before engaging in a one year, full time internship in Chicago at the Cancer Treatment Centers of America. In 2012, she received her Master's of Counselling from City University in Seattle. During her Master's degree, she worked on the front lines as a counsellor with foster and adoptive families who faced a range of emotional, behavioural, and cognitive challenges. Since completing her degree, she has worked in a private setting with children, teens, adults and families. She works primarily from an attachment based

perspective. This means that she works with clients to explore how early relationships affect how we come to understand our self, other people and the world. Tania endeavours to always approach her clients and professional work with respect, honesty, integrity and warmth.

1:00 pm - 2:30 pm Lyrical Lessons: Using Music in Language Arts (Secondary)

Taking a look at music you may have heard a hundred times but never really listened to, this workshop will dive deeper into the meaning behind the melodies. Analyzing the different strategies we can learn from these timeless tunes, we will discuss techniques and examples to teach poetry, creative writing, and literary devices. Whether we're looking at enduring classics or present-day pop hits, this workshop will give you an arsenal of toe-tapping material to pull the students into the literary arts.

Miranda Krogstad is a spoken word poet and educator who uses her words to empower students of all ages and walks of life. Teaching life skills including self-confidence, self-expression, and community building, she has performed workshops in dozens of cities across Western Canada.

Outside of the formal educational setting, Miranda is an advocate for positivity and love in the spoken word community and beyond, performing on subject matter from mental health awareness to gender equality. Miranda was a member of the 2016 national wild card team, a two-time Canada Council for the Arts grant recipient, a Calgary Arts Development Grant recipient, and a participant in the Banff Centre International Spoken Word Program. She has since founded the organization YYSpeak to promote and support Calgarian spoken word poets and events.

1:00 pm – 2:30 pm Préparer des Evaluations (Elementary and Secondary)

Pendant la séance, nous verrons comment utiliser l'évaluation pour aider les élèves à toujours faire mieux. Une évaluation communique un message fort aux élèves sur ce qui est important. TC² encourage une approche qui : met l'accent sur des objectifs d'apprentissage bien ciblés, offre plusieurs occasions fréquentes de rétroaction et fait usage de différents types de preuves.

Giovanna Longhi is an administrator and educator in Calgary. As an educator, she has worked on the Alberta Curriculum Review initiative and has been a member of local and regional Social Studies and French Immersion professional learning committees and specialist councils. Giovanna facilitates sessions in English and French, supporting concept-based pedagogy, embedding critical thinking strategies in the classroom and developing collaborative and engaging learning opportunities for students and teachers. When not working, Giovanna is ski touring and backpacking in the Rocky Mountains with her family and friends.

1:00 pm – 2:30 pm TPRS Teacher Training, Part 2 (Universal)

Teaching Proficiency through Reading and Storytelling (TPRS) is a powerful second-language teaching methodology that promotes natural and authentic language acquisition through the co-creation of class stories. This workshop will introduce you to the core skills of TPRS, how to plan lessons for optimum engagement and the basics of assessment. Teaching with TPRS is

guaranteed to bring joy and magic to your classroom and allow you to stay in the target language 90% of the time!

Michelle Metcalfe is a well-known TPRS teacher, presenter, trainer and coach. She has presented, coached and trained teachers in TPRS and Comprehensible Input based methodologies throughout BC as well as in the US and elsewhere in Canada. She teaches Spanish 9 to 12 IB at West Vancouver Secondary School and has been teaching exclusively with TPRS and Comprehensible Input since 2010. Michelle is also one of the writers of the BC Core French Curriculum. In her free time Michelle loves to travel, read, cook and dance.

* COVID Protocols permitting, April 26 will be another full day of training. TTOCs will be provided by the Language Coordinator. Please contact the Language Coordinator if you need a TTOC: languagecoordinator@exc.sd73.bc.ca.

1:00 pm - 2:30 pm **Beyond the Gender Binary: Supporting Gender Marginalized Students and Colleagues (Universal)**

This workshop will introduce key terms and concepts of Sexual Orientation and Gender Identity (SOGI) curriculum. Attendees will learn to go beyond the gender binary and be given strategies for creating welcoming and safe gender-affirming spaces for their students.

Mahtab Nazemi is a professor at TRU. Prior to working in Teacher Education, she taught French Immersion and Mathematics, and has long been involved in SOGI curriculum in BC. She is the chair of the Women and Gender Equity Committee for the Federation of Post-Secondary Educators (FPSE), and co-chair of Gender Equity Committee for TRU's Faculty Association. Her commitments to equity at the intersections of gender, race and sexuality permeate her teaching, research, and community endeavors.

1:00 pm - 2:30 pm **The Evolution of Inclusion (Universal)**

How we understand inclusion is shifting. Rather than trying to include a few students who are different, we are striving to teach TO the difference. In this session we will look at how we can get to know our students so that we can respond to, plan and create space for all of their diverse strengths and identities.

Originally from Edmonton and now based in Vancouver, **Shelley Moore** is a highly sought after teacher, researcher, speaker and storyteller and has worked with school districts and community organizations around the world, in supporting and promoting equity for all learners. Her first book, entitled, 'One Without the Other' was released in July 2016 to follow up her TEDx talk. Shelley completed an undergraduate degree in Special Education at the University of Alberta, her masters at Simon Fraser University and is currently a PhD candidate at the University of British Columbia.

1:00 pm – 2:30 pm **Developing Spatial Reasoning in Primary Classrooms (Elementary)**

Spatial Reasoning is one of the best indicators of overall mathematics development and school success. In this session I will share ideas to nurture the development of spatial reasoning in

young children with a focus on composing and decomposing shapes, perspective taking and 'unplugged' coding. Materials, children's books and related resources will be used to share examples of spatial reasoning tasks from BC classrooms.

Janice Novakowski is currently a district teacher consultant for the Richmond School District and an Adjunct Professor at UBC.

1:00 pm - 2:30 pm Introduction to '**Shifting the Balance: 6 Ways to Bring the Science of Reading into the Balanced Literacy Classroom**'

You may have heard about the Science of Reading. What exactly does that mean? And how does it connect- or compare or contrast- with Balanced Literacy? We are curious and learning, too! Join us for an introduction to what we consider a helpful resource, **Shifting the Balance** by Jan Burkins and Kari Yates. "Embracing science and balance"; the authors ask us to consider six shifts to early literacy instruction that can make a difference for our learners. These shifts relate to comprehension, phonemic awareness, phonics, high-frequency words, cueing systems, and texts for beginning readers. Interested teachers will have an opportunity to delve deeper into the shifts through a book club that will follow in May.

Tricia Persad and **Pamela Thomson** are District Coordinators at the H.G.E.C., and **Stacey Kaczur** teaches Grade 3 at Aberdeen.

1:00 pm - 2:30 pm **The Chilcotin War (Secondary) (repeat of session A)**

In 1864, a road was being built from Bella Coola to what is now Williams Lake. 'Unfortunately' for the white settlers, there were people living along the proposed route and those people did not want a road going through their territory. They fought back, so they were given gifts to appease them. These gifts were infected with small pox. The Tsilhqot'in Chiefs fought back again. They were then invited to a meeting where they were all subsequently arrested and hanged. Recently the Federal government offered apologies on this matter and members of the Tsilhqot'in Nation were invited to Ottawa. Working closely with the Tsilhqot'in National Government, we have created a lesson plan to teach this unit in Law 12, BCFN 12, Explorations in Socials 11, and Social Justice 12. This unit plan has now been published and is available for use across the province. Complete with lessons, possible guest speakers, access to a pronunciation guide, and the TNG produced videos, this unit plan is a positive movement towards the reconciliation of the TRC. Discussion also includes how to facilitate locally developed resources in connection with local aboriginal groups, through our own trials and errors, to create this unit and have it published and produced provincially.

Currently, **Shannon Rerie** is teaching in the Cariboo Chilcotin Virtual Secondary. She teaches the six most rural schools, online, and then travels to each school once a week to connect with the students in person. Shannon has worked in this district for 14 years and has taught everything from culinary arts, to computer science. She is most passionate about teaching English First Peoples and Social Justice, Genocide 12 and BCFN 12. Shannon's daughter came out as a transgender a few years ago, and so her years of fighting for LGBTQ2+ rights have recently become far more personal.

1:00 pm - 2:30 pm Emotional Intelligence- Taking the Lead (Universal)

Emotional Intelligence (EI) is one of the most sought-after skills for the work environment. Participants will learn what EI is, its 5 competencies, and how to develop it so they can feel confident in whatever they are challenged with.

Topics: self-esteem & self-regard, values, how trust is built/broken, how emotions influence decision-making, stress and everyday conversations, and how to engage and connect so others feel heard and understood.

<https://us02web.zoom.us/j/89538078612?pwd=ZU9HbnNtdnlzOWNMU0JPVWt1aUJLUT09>

Meeting ID: 895 3807 8612

Passcode: 464722

Celine Calfa, owner of Celine Rose Training, has worked with women, leaders, youth and mostly non-profits in the field of emotional intelligence, leadership, and personal growth. Emotional intelligence plays a significant role in a person's success both professionally and personally. Through empowerment coaching, Celine provides neutral and insightful perspective to whatever a person is challenged with. She focuses on matters of the human spirit and people becoming more heart-centered again.

1:00 pm – 2:30 pm TigTag & TigTag Jr. in the Elementary Classroom (Elementary)

This session will present ways to use the TigTag Jr. (K-2) and TigTag (2-5) resources to meet your classroom curriculum, including inquiry, CBL and traditional research. TWIG resources are easy to use. This session will provide an overview of the resources available in TigTag and TigTag Jr. with examples as to how teachers would be able to use it in the classroom/online. TigTag and TigTag Jr. are available, free, to all BC Public Schools through the BC Digital Classroom.

Mike Silverton has been providing professional development and in-service to teachers for over 25 years. He has taught from elementary to the graduate level and has a wide range of experience to draw upon to provide enriching workshops for all. Mike is the Coordinator of Professional Learning for Focused ED and the Past-president of the Computer Using Educators of BC PSA (CUEBC) and an Honorary Lifetime Member of the BCTF.

1:00 pm – 2:30 pm Students as Historians: Teaching Historical Thinking (Grades 6-12)

Should Canada be proud of its 20th Century Involvement in International Affairs? To what extent have Canada's efforts at Truth and Reconciliation been successful? These historical thinking questions require students to make reasoned judgements using the knowledge and understandings they've gained about Canadian history. This workshop will explore how to frame instruction around historical thinking questions. We'll learn about six historical thinking concepts and how to help students apply them successfully.

Stefan Stipp was a classroom teacher in Surrey for 23 years and currently works as a Vice-principal in Surrey. A primary focus of his teaching practice was building communities of thinkers in his Social Studies, English, Career Education and Psychology classes. Stefan has taught and mentored students as a Faculty Association with SFU and he teaches a Social Studies Methods course at the University of the Fraser Valley. His contributions to TC² include authoring and contributing to various publications including the recently published *Teaching Historical Thinking* (second edition). He facilitates workshops on promoting self-regulated learning, student engagement, building classroom community, critical thinking and historical thinking. Stefan's work is grounded in his day-to-day experience with students in schools. In 2013, he received the Prime Minister's Award for Teaching Excellence.

1:00 pm - 2:30 pm Thinking With Social Justice in Early Years (Elementary)

This workshop is meant to support educators and teachers in thinking with a social justice perspective by thinking about what social justice means to them. How do we create spaces that are anti-bias and anti-racist? How does our pedagogy impact childhood identity? Through thinking with pedagogical questions, participants will engage in discussions to explore how to make visible injustices, advocate and begin to stand in solidarity with children and families who may need and want support.

Ana Valle Rivera has a diploma in ECE, a Bachelor in Child and Youth Care and is currently completing a Master of Professional Education in ECE through Western University. Ana is a parent, a children's book author, and the founder of Early Years Workshops & Training. Ana currently works alongside the Coalition of Child Care Advocates of BC on advocacy for a quality \$10/Day child care system. Ana has many aspirations but her current focus is to inspire positive change in the early year's field through sharing a vision of social justice and social wellness for all.

1:00 pm - 2:30 pm The Triangle of Motivation (Universal)

Motivation to do anything is stimulated by a desire. That desire is activated by four factors: your biological, emotional, social and cognitive behaviours. Psychologists believe that personal motivation has three ingredients for success: activation, persistence and intensity. I want to help you ignite (or reignite) your motivation using the triangle effect.

In this 1.5 hour workshop you will learn:

- The four factors that drive your motivation.
- Intrinsic vs extrinsic motivation and why it matters.
- The three ingredients for success, AKA, the triangle effect.
- How to ignite or reignite your motivation for work and life.

Kristy Ware is a Holistic Health Coach, Wellness Facilitator, Educator and the Author of *Synergize Your Health- The 6 Elements for Greater Vitality and Joy*. She inspires individuals and organizations with personal growth and development. Kristy coaches, educates, and lives her life according to her 6 elements of health: rest, movement, connection, nutrition, mindfulness

& self-love. She knows that in order for lasting sustainable change to occur, small consistent steps are key.

Kristy has been featured on many stages and virtual platforms where she weaves together stories, science and strategies that make taking action toward your goals and desires simple and effective. Her energy and enthusiasm are contagious. Kristy lives in Vernon with her wife and son.

1:00 pm – 2:30 Orienteering and Archery (Universal)

Are you interested in starting an Outdoor Ed program at your high school? Are you interested in exploring outdoor activities in the natural environment? Join us at McQueen Lake to learn about the various Outdoor Ed programs offered in SD 73. This workshop will take place at McQueen Lake and will include classroom and outdoor sessions. A bus to transport participants will be provided. Limit of 24 registrants.

Annemarie Watts has been a teacher in SD 73 since 1993. Her passion is teaching PHE and providing opportunities for students to fall in love with movement and physical activity. Over the past 20 years her focus has been on increasing participation rates for female students in PHE through offering Exercise for Life and Girls in Motion. Last year she started an outdoor ed program at Valleyview Secondary to provide more opportunities for students to explore the outdoors. She has lead various trips to McQueen Lake as well as numerous local trips with a focus on outdoor activities.

Greg Wagner teaches Outdoor Education 12 and Environmental Science 12 at Sa-Hali Secondary. He has been involved with facilitating outdoor learning experiences for students of all ages for the last 20 years, and has lead groups of students to McQueen Lake many times. Greg completed his Master's in Critical Environmental Education at the University of Saskatchewan in Saskatoon. He looks forward to discussing ways students can learn outside in a variety of forms and contexts.

1:00 pm – 2:30 pm Peace Bins (Elementary)

How can we best help our students become balanced, mindful, functioning members of our school and community? What I mean by this is not as an academic focus, but rather how we can help them become active members of a group that support, create positive connections, are mindful of their stress levels, are mindful of how they can bring their body into a calm state, and how they can work around others without causing incidences. We are always reminded that we need to slow down and address these underlying issues before any learning can take place. In this workshop we will show you how we developed our Peace Bins. These are nine bins that focus on self-regulation strategies. They provide activities that help students calm their body, thoughts, and emotions. We will show you the tools and materials needed to create your own Peace Bins for your classroom.

Carmelina Woods and **Jennifer Coates** are primary teachers at Kamloops School of the Arts. They both have a passion for seeing students learn ways to be successful. They have a love of

literacy and social development when working with students of all ages. Carmelina and Jennifer are both parents who have found a deeper meaning in understanding the importance of having children be well-balanced in all areas of their lives. In their teaching journey they also discovered the importance of being mindful, well-rounded, balanced educators and parents.