

Professional Development District Day
Brought to you by:
Kamloops Thompson Teachers' Association
Monday, April 1st, 2019

Welcome to your Professional Development Day 2019. Maps and room locations will be posted throughout the school. Your registration should be confirmed by e-mail when you indicate your choices on-line. Only people who do not use the system should check in at the registration desk in the front foyer of NorKam Secondary. **The day begins in the NorKam gym at 9:00** unless stated otherwise.

* Additional workshop rooms have been booked at Brocklehurst Middle School and the Henry Grube Education Centre as indicated in the booklet.

Our Schedule for the Day

8:30 – 8:55 a.m.	Coffee, late registrations
9:00 – 10:00 a.m.	NorKam Gym- Greetings and Introductions - Keynote – Jan Burkins and Kim Yaris
10:00 – 10:20 a.m.	Coffee/Snack Break
10:30 – noon	Workshop Sessions 'A'
12:00 - 12:45 p.m.	Lunch
12:50 - 1:50 p.m.	Workshop Sessions 'B'
2:00 – 3:00 p.m.	Workshop Sessions 'C'
1:00 – 3:00 p.m.	Workshop Sessions 'D'
10:30 – 3:00 p.m.	Workshop Sessions 'E'

A catered lunch is provided. Gluten free options will be available, however if your needs are more specific, please bring your own lunch. Please bring your own water/coffee cup.

Greetings from the KTTA President

Welcome to the 2019 KTTA Professional Development Day.

With no specific theme, this year's KTTA day allows teachers to choose from the **'buffet'** – and to eat as much as they want!

Like the toppings of a **'hamburger'**, load your **'bun'** with everything you need to be your very best!

We have a **'smorgasbord'** of offerings this year, from core competencies, effective strategies for classroom management, primary literacy and so much more.

We are excited to welcome Burkins and Yaris, leaders in literacy, this year for our keynote speech.

Your PD committee has again worked tirelessly to respond to your requests. Thank you to each member of the committee. Special thanks to Darcy Martin and Lana Rachey for everything they do behind the scenes to ensure that our KTTA Day runs smoothly!

Enjoy your meal!

Yours in Solidarity,

Amanda Jensen-LaBar,
KTTA President

Greetings from your Professional Development Chairperson and District PD Committee

Welcome to the KTTA Professional Day for 2019. On behalf of the KTTA Pro D committee, I hope your day is rich with opportunities to engage with new ideas, grow professionally, and connect with colleagues.

I am pleased to welcome Jan Burkins and Kim Yaris back to our district for a second time this year as our keynote and presenters. It's a tremendous opportunity for our teachers to be able to follow-up on the work started with *Who's Doing the Work?* in December. Having had the pleasure and opportunity to watch them work with students and teachers, I know those working with Jan and Kim will be inspired!

As well, I am so pleased that we were able to embark on our new partnership with The Critical Thinking Consortium (TC²) by having four of their amazing facilitators join us for the day. The focus on critical, creative and collaborative thinking is certainly timely.

Thank you to the many other presenters and facilitators that have generously come to share a little bit of themselves with us and help us grow. We truly learn so much from the teacher expertise in our local and beyond, and from caring and committed experts in the wider community.

Thank you to teachers for continuing to exercise professional autonomy and for actively engaging in professional learning in the many and varied ways that each of you do. Our students are fortunate to be taught by dedicated, professional educators.

A special thank you to the KTTA Pro D Committee and to Lana Rachey for their tireless work in organizing this day. Enjoy!

In solidarity, Darcy

Keynote: **Burkins and Yaris**

Dr. Jan Burkins has spent her career studying and teaching about how children learn to read. She attended the University of Kansas, where she earned an Ed.D. in Curriculum and Instruction. Jan was an elementary school teacher for seven years and an elementary literacy coach for six years. She has worked as a part-time assistant professor at the University of Georgia and has published five books about literacy and literacy coaching, including the bestselling *Preventing Misguided Reading* (ILA, 2010). Her latest book, *Who's Doing the Work? How to Say Less So Readers Can Do More*, was co-authored with Kim Yaris, and has been widely celebrated for reframing the role of teachers as they scaffold readers.

Currently, Jan is a full-time writer, speaker, and consultant. Her work includes speaking engagements, presentations at conferences, professional learning support for school districts, and curriculum development for schools and other agencies working to improve the literacy learning of children. With 28 years of experience in education, Jan's favorite work is in classrooms, alongside teachers and students, where she coaches dedicated educators to support students in becoming independent and proficient readers. Most of Jan's work is in collaboration with her professional partner, Kim Yaris. Jan lives in Athens, Georgia with her husband and her two youngest sons, while her two oldest sons attend college. You can learn more about Jan and Kim's work at: burkinsandyaris.com

A lifelong educator, **Kim Yaris** has worked in education as an elementary classroom teacher and literacy staff developer for more than 20 years. She has a reputation for being a dynamic presenter, skillfully weaving educational theory with practical classroom application to assist teachers' efforts to amend and improve reading and writing instruction. Whether working with small groups to provide demonstration lessons or presenting to large groups, teachers consistently report feeling inspired, engaged, and invigorated after working with Kim. Committed to helping children become independent and proficient readers and writers, Kim's work with teachers focuses on help them understand how children learn to read and write. Kim advocates for developing student agency through intentional and responsive teaching. Kim's two professional books (co-authored with Jan Burkins), *Reading Wellness* (Stenhouse 2014) and *Who's Doing the Work* (Stenhouse 2016), provide practical ideas for promoting independence and proficiency which serve as the foundation for her workshops and model lessons in the classrooms. Working as a full-time consultant and writer, Kim lives with her husband and two sons in Wellington, Florida.



BCEDLPSA Regional Conference

In partnership with the Kamloops Thompson Teachers' Association's
KTTA Professional Development Day

April 1st, 2019 @ Norkam Secondary and Brock Middle School

Thomas Diesch, Jenny Morrison, and David Comrie will be focussing a Blended Learning Panel that will include a rich discussion with educators on how to develop and maintain blended learning models in different learning environments. Thomas will be offering a morning workshop on Blended Learning at the secondary level. For more detail on the workshops and panel discussion please refer to the KTTA booklet.

This conference is open to all KTTA members and teachers from our surrounding School Districts. Lunches will be provided for all participants.

The BCEDLPSA will be sponsoring a draw for all BCTF PSA members of an electronic device. If you are not a member of a PSA then make sure you join one before coming to the conference.

<p style="text-align: center;">INTERNET REGISTRATION PLEASE READ CAREFULLY</p>

Please do not register more than once for a workshop. You will be sent e-mail confirmation after you have successfully registered, but this may take up to 30 minutes. If you do not get confirmation after 30 minutes, then re-register AND send an e-mail to office@kttta.ca so we can check and delete any duplicated registrations.

Registrations will be OPENED ON-LINE Thursday, March 14th, 2019 (and **CLOSE** Thursday, March 21st). Please log on to www.kttta.ca to register. Workshops will be filled on a first-come, first-served basis. Waitlists will not be taken. If you are unable to attend a session, YOU MUST CANCEL your registration by emailing Lana (office@kttta.ca) or calling the KTTA office (250-554-1223).. People who register for a session and do not cancel that registration or do not attend will be denying a space to a colleague.

*Please note that workshops may be cancelled due to unforeseen circumstances or low registration numbers. In such an event, we will contact registrants and re-register them in an alternate workshop.

If you are unable to register through the internet, you can fax your request to the KTTA (554-1311), or e-mail and it will be entered manually as time permits.

WE WILL BE PROVIDING WORKSHOP FACILITATORS WITH A LIST OF REGISTERED PARTICIPANTS. Facilitators plan for a set number of people. When large numbers of unregistered participants show up in their rooms, it is unfair to both the facilitator and to people who have registered for the session. If there is space, you will be welcome. Please understand that if the session is full, we would expect you to choose an alternate session.

Session 'A' workshops:

10:30 – noon

A1 Exploring the Global Goals through Inquiry Provocations (Elementary)

Join Rebecca in exploring the Global Goals. You will leave this session feeling inspired and ready to weave the Global Goals into your practice with your learners. Rebecca will discuss how, through inquiry and provocations, exploring the Global Goals can be empowering for your learners. You will have time to explore curated provocations for K-12 learners, to spark discussions, questions and inquiry. Discover how Rebecca's Kindergarten learners have been inspired by the Global Goals and carried out in an inquiry kindness project. You will leave with a list of provocations for each Global Goal.

Rebecca Bathurst-Hunt is a French Immersion Kindergarten teacher in the Greater Victoria School District. She is the co-author of *Inquiry Mindset* with Trevor MacKenzie. She is passionate about empowering learners to ask deep questions that are connected to their interests and passions. She builds off learners' curiosities and wonders to help support them in developing Inquiry Mindset. Her learners thrive in a child-centered environment where they are challenged and supported to construct their knowledge through hands-on and meaningful learning experiences. Rebecca is a graduate student at the Vancouver Island University, a thoughtful sketchnote artists and an enthusiastic blogger in the education community.

A2 Hands-On Electricity for Science 9 and Physics 11 Teachers (Secondary)

******presented at the BIG Little Science Centre (655 Holt Street-**

This will be a very 'hands-on' workshop. Three rooms will be dedicated to opportunities to try out investigations using science centre equipment. One room will feature 8 stations illustrating 'Ways to Produce Electricity'. A second room will have 10 stations set up where teachers can try out ways to teach series and parallel circuits. Participants can choose to do whichever stations they decide will most benefit them. Equipment and instructions for basic activities will be set up for participants to try out. Science centre staff and (hopefully) experienced local physics teachers will assist where needed. A third room will be used for two popular BIG Little Science Centre demonstrations: Static Electricity (including ways to use your Van de Graaff Generator) and Magnetism (adult version). The centre's Exploration Room will be open and available for teachers wishing to enjoy it.

****take away:** copies of Gordon Gore's 60-page *Electricity* booklet will be provided for each participant. It contains more background than you need for the current Science 9 unit. Also, Gordon Gore's *Physics 11 Sourcebook* (2018) will be provided. It has three chapters on Electricity.

The program was designed by Dr. Gordon R. Gore, long-time science and physics teacher and writer, founder of BIG Little Science Centre. The workshop will be run by **Gord Stewart**, Executive Director of the BIG Little Science Centre and other staff.

A3 The Power of Extreme Writing: Creating Eager and Fluent Writers (Grades 4 -9)

Students who write too slowly and can't 'ideate' quickly fall further and further behind as subjects become more demanding. BUT... how do we enhance fluency and keep it engaging long enough to succeed? Extreme Writing is a totally new journaling program that works. 'It's fun! Can we do more?' Leave with a plan for the year, and a method of assessing student capacity. The brain loves novelty and this workshop includes 7 unique strategies to keep the program novel, with multiple ideas for each strategy, creating a year of refreshing unexpected choices for your grade 4-9 students.

Diana Cruchley is an award-winning educator and an author who has taught at both elementary and secondary levels. She is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

A4 Cooperation and Teamwork Through World Music and Movement (Universal)

NorKam Music room

World music influences popular music and culture. Join in the excitement by playing high-energy, traditional music from Africa and Brazil, focusing on how diverse forms of music can be used to creatively link learning objects across the curriculum. In this interactive session participants will see a wide variety of instruments and partake in whole group, cooperative, and active learning environments. By the end of the workshop participants will be able to apply practical ideas for improving class listening skills through calls and responses, demonstrate teamwork through ensemble playing, express themselves through music, and make connections between diverse genres of music, cultures and curriculum.

David DiTomaso is an accomplished musician who has been performing live since 1980. He has studied percussion and theory with some of the best instructors in the field and has been teaching from his own private practice (DPS-DiTomaso Percussion School) since 1993. For over 20 years David has been a workshop presenter for elementary and secondary schools, as well as professional development conferences for teachers. David also accompanies dance classes at various studios and dance festivals within the lower mainland.

Brynne Harper, originally from New Jersey, completed her training in dance at Arts Umbrella's Graduate Program, where she had the opportunity to perform works by internationally renowned choreographers such as Crystal Pite, Sharon Eyal, Mats Ek, Lesley Telford and Azure Barton. She continued her professional journey in the Performance Research Project under the direction of Lesley Telford, where she had the opportunity to begin creating her own work. She has a great love for both dance and education. With a background in both performing and teaching many different styles of dance, most notably at Arts Umbrella, Anna Wyman School of Dance Arts, and with Crossmaneuver, she seeks to help expand curiosity, understanding and joy in the language of dance for herself as well as the community around her.

A5 Chemistry Sharing Session (Secondary) NorKam rm. 105

Chemistry teachers should bring either an IDEA they would like to work on and/or a lab/project they have done relating to inquiry or 'PBL'.

Co-hosted by Tracy Epp and Corina Waage.

A6 Games and Activities to Optimize Self-Regulation (Universal/Elementary) Brock Middle School Gym

Creative games and activities can promote skills that optimize self-regulation. When our students have the opportunity to develop the skills needed for self-regulation they are better suited to make healthy choices that affect them and their school community. Join Ever Active Schools as we explore how PHE classrooms can be the optimal settings to promote these skills through fun, creative and original activities.

Chris Fenlon-MacDonald is a Physical Education specialist and the Education Coordinator at Ever Active Schools, a provincial initiative supporting health and learning outcomes in Alberta Schools. Chris oversees the professional learning aimed to increase the capacity of school communities by working with superintendents, senior school leadership, teachers, parents, students and allied health promotion specialists.

A7 Mathematics Exploration for Intermediate Grades (Grades 4-7)

We will look at short cuts for addition and subtraction using the 0-99 chart. Four different Games will be presented: NIM, 25, This Could Be Dicey and Go for Broke. Area and Perimeter and Prime and Composite Number demonstrations will give you Aha moments. This workshop is hands on and fun. Children will not know they are doing Mathematics because it is so fun.

Thor Fridriksson has taught for over 40 years and been involved with Mathematics (problem Solving, MathExpo, Math Contest). He has written two books and presented countless workshops on Mathematics. Thor's enthusiasm for Mathematics is infectious.

A8 Writing in the Content Areas (Secondary)

In this workshop, participants will learn a variety of strategies to help students produce quality nonfiction writing in their content area classes.

Kyla Hadden has taught in the North Okanagan-Shuswap for over fifteen years. She started her career teaching upper intermediate and taught a variety of English and History courses at the Secondary level for thirteen years. Kyla recently published her first book *Powerful Readers: Thinking Strategies to Guide Literacy Instruction in Secondary Schools*.

A9 From Keats to Beats (Secondary)

Poetry can be a tough sell to students who would rather be on Instagram or listening to the top 40. But what if they didn't have to choose between the two? What if Instagram poets and chart-topping hits were studied alongside sonnets and haikus? What if it were less about teaching kids how to write poetry and more about learning the limitless styles there are to choose from? Whatever the style or personality of the student, this workshop explores how to create a versatile and open-ended poetry unit that allows these young poets to find their voice.

Miranda Krogstad is a spoken word poet and educator whose words have empowered students in over a dozen cities across Alberta and beyond. Outside of the classroom, she is a 2-time Canada Council for the Arts grant recipient, a 2016 national wild card team member, and cofounder of YYSpeak.

A10 The Science of Computational Thinking (Universal)

How can we make the process of designing investigations and representing data more relevant to students? Join us as we explore how to incorporate computational thinking, a problem-solving strategy, to the sciences. We'll share effective practices and discover how computational thinking might enhance students' progression through the curricular competencies. **Please bring your own laptop.

Science World BC is committed to supporting teachers in STEAM (Science, Technology, Engineering, Arts and Design, and Math) teaching and learning; presented by Karen Lee.

A11 Developing A Primary Nature Program (Elementary)

Nature based classrooms are powerful programs that seamlessly merge early childhood and environmental education to develop a lifelong connection with the natural world. This workshop is for preschool and primary educators who are thinking about adding a nature component to their current program and for those who have started to take their students outside and are looking for more information to run a successful and safe outdoor program.

Liz McCaw is a Nature Kindergarten teacher who has taught for over 20 years, most of that time in the Kindergarten or Preschool classroom. She has a Masters degree in Early Education, is an author (*Outside Our Window: Developing a Primary Nature Program*), researcher, innovator, mentor, collaborator, presenter, leader and lifelong learner. Currently she teaches Nature Kindergarten in Nanaimo, writes for her blog *Nature Play on Vancouver Island* and works as a consultant. She believes strongly in Reggio's Tenant of the Environment as Third Teacher and The Power of Children's Learning Through Nature. Her hobby is to work with teachers to transform their classroom to convey a sense of calmness, beauty, natural light and include elements of nature.

A12 Teaching Multiplication and Division to All Grades (Elementary) Brock Middle rm. 107

Teach multiplication and division through understanding and real-life problem solving. Activities are low floor, high ceiling so all students can be involved.

Katie McCormack has been a classroom teacher for 34 years. In 2016 she received the Outstanding Teacher Award from the BCAMT. Presently she is the Numeracy Resource Teacher for SD73.

A13 Know Your Audience: Teaching Kids, Not Lessons (Universal) NorKam rm. 101

The target audience for this workshop is early career teachers grades 4-12. Round table discussion: universal inclusive teaching strategies, creating a comprehensible classroom, knowing your students: strengths, challenges, interests, planning flexible units and lessons, creating student choice- how much choice?

Lori Nelson is currently a district ELL resource teacher who works with students, grades K-12. She is also a Faculty Advisor with UBC's teacher education program who supervises secondary school practicum students. She has 35 years of teaching experience having taught English 8-12,

French 8-12, Italian, Leadership, Communications, ESL, Creative Writing, and Remedial Reading.

A14 Accelerating the Progress of Readers Experiencing Difficulties (Elementary) repeated in D9

This research based interactive in-service is designed for Elementary/Middle School Learning Support and Classroom teachers. In an interactive manner, the presenters will model and describe how a daily, strategically-based pull-out and in-class reading intervention can make a positive difference with vulnerable students. Participants will be provided with opportunities to practice and experience how to teach in a manner that facilitates strategic activity. This presentation will answer the question “What is possible for students experiencing difficulties in reading?” Over the past 8 years over 300 students serviced by the presenters who were below grade level in reading reached the average band of instruction.

Paul Pantaleo (Bed, MA and Post Masters Diploma) is currently a Learning Support Teacher in the Greater Victoria School District. Also, a sectional instructor at UVic, he has taught numerous courses focusing on assisting students at the elementary level experiencing difficulties with reading and writing. He has also been a classroom teacher, elementary vice-principal, Reading Recovery Trainer, Teacher Leader and Teacher.

Breanne Glover (BEd, Post Degree Diploma and MEd) is currently a Learning Support Teacher, with a focus on inclusion, in the Greater Victoria School District. She has also been a middle and elementary school classroom teacher and has been a part of a district mentoring program.

A15 Taking the Lead- Emotional Intelligence (Universal)

Emotional Intelligence is the foundation of effective communication and is the direct link to great leadership. ‘Taking the Lead’ will maximize an individual’s personal and professional success when they apply the competencies and subscales of emotional intelligence. Participants will develop and enhance their ability to be more self-aware, how to engage and connect with others, and how to problem solve and make decisions effectively and with ease. When teachers/support staff take the initiative and role model a new shift in their approach, others will take notice and want to continue working along side them. Students will see their teacher as someone who is approachable, open and willing to assist in whatever challenge is in front of them.

Over 18 years, Celine Calfa has delivered high impact training to professionals on how to have courageous and authentic conversations, understanding the value of appreciation in the workplace, and skills needed to foster respect, cooperation and building cohesive teams. Celine has been passionate about making a difference and having an impact on others. Celine is certified in delivering emotional intelligence and appreciation at work training, coaching and administering leadership assessments.

A16 Contract Awareness for TTOCs (Universal)

This workshop is designed to support teachers teaching on call with current teaching practices and resources, and to enhance their confidence in their professional status. This workshop will help you to better understand our contract language.

This BCTF workshop is presented by Nichelle Penney. Nichelle has been teaching for six years in Kamloops and has been active in the union from the beginning. During this time she has worked both locally and provincially to help improve the working conditions of teachers and students across B.C.

A17 PE is fun! Minor games for all ages and spaces (Universal) NorKam gym

Physical education is fun. We will play a variety of games that can be used in an assortment of circumstances, from warm-up to ice breakers, small spaces to the gym, short activity breaks to full PE classes.

Trevor Rosencrans is a full time Physical and Health Education teacher at North Delta Secondary. This is his 11th year of teaching.

A18 Designing inquiry-Based Units (Secondary and Upper Elementary)

During this workshop, teachers will learn a process to design units of inquiry. Through this process, teachers will engage with the New BC Curriculum specifically the big ideas, curricular competencies, core competencies and criterion-based assessment. This workshop will guide teachers through backward planning to build a unit of inquiry that includes an authentic assessment task. Educators will leave inspired and excited to shift their practice to include greater depths of inquiry.

Kelly Skehill: Food Studies, Math, Science, Outdoor Education and MYP International Baccalaureate Design teacher. In addition to teaching she spent the last five years as the Innovative Lead Teacher at Rockridge Secondary leading, supporting and participating in teams of teachers engaged in continuous learning through collaborative inquiry.

Jennifer Towers: Science, MYP IB teacher, Biology teacher and MYP IB Coordinator. She is a member of the IB Educator Network and leads workshops all over North America. She has also taught in the teacher education program at UBC in the area of inquiry and IB teacher education. In these roles, she creates her own inquiry units and supports other teachers in the creation of their inquiry units.

A19 Stop, Look, Listen, Learn and Repeat (Universal)

Stop, Look, Listen, Learn & Repeat; The S 3L R Method: A Teacher/Student Strategy- Building Hope and Belief in Their Future. Through this workshop and discussion, teachers will learn a personal method to adapt and manage their feelings, thoughts, behaviours that will enable them to enhance their teaching skills and provide a learning strategy to engage students in learning, developing and mastering core competencies. The S 3L R Method acts as a bridge to connect classroom learning to themselves and the world outside.

Drew Van Brunt has 40 years of experience working with at-risk, high-risk children, youth and families. He has worked closely with teachers as a counselor and social worker setting up education and life plans for children and youth, using the S 3L R Method to recognize and develop their own abilities and competencies. Drew has presented ProD workshops on: The

Effects of Separation and Divorce on Children and Youth; and, Human Skills: What Educators Need to Teach Youth to Navigate and Thrive, in the Near and Future Workplace.

A20 Classroom Circles Create Great Communities (Universal)

Giving students a voice and a place to be heard, in the safety of a classroom. Do you know the importance and benefit of running a classroom circle but are not sure where to start? Have a strong desire to improve and enrich the lives of the students you teach? Encouraging and helping students to engage in open and interactive discussion can be challenging. Exploring topics such as issues with the environment, diversity, inclusion, money, success and LGBTQ2, initiate and allow for conversations with differing views and perspectives. When given the right tools, teachers and educators can facilitate a safe space to help students have those big conversations. Everyone deserves the opportunity to speak, be respected and to be heard. Create a better understanding among your students and a greater sense of community, right in your own classroom. In this 1.5 hour interactive workshop you will learn:

- The four types of conversations (4Ds) and how they differ
- The importance of encouraging students to voice their opinion and speak their truth
- How to facilitate a great classroom circle
- Tips and tools on what makes a great leader/facilitator and how to put that into practice
- Why celebrating our uniqueness is important and necessary
- ‘Conversation Sparkers’ card decks will be available for \$20 to help facilitate discussion (two options: deck for kids in grades K-5 and Grade 6 and beyond)

Kristy Ware’s passion for speaking and coaching shines through in her ability to mix humour with realism, capture an audience, share her message and inspire people to take action. Her mission is to encourage others to find their voice, speak their truth and live their very best life.

A21 Visuals: I See What You Mean (Universal)

We all benefit from visuals every day- street lights, calendars, phone icon, maps and more. Students are also a great way to support our students. The possibilities of how and when to use visuals are endless and exciting. Join Kristin to deepen your understanding of the important of visuals and explore options for a variety of settings. Share your favourite visual ideas with others and leave with resources, ideas, templates and inspiration.

Kristin Wiens, MEd, is an Inclusion Coach for SD#62 in Victoria. She supports integration support and classroom teachers from Kindergarten to grade 12. Kristin is also one of the co-creators of the SD62 Education Assistant program and has been an instructor in this program since 2015. She is author of *My Gratitude Jar* and co-creator of the *Long Story Shortz* videos and graphics available at: northstarpaths.com

A22 Engaging Word Work and Interventions (Elementary)

Catch your students before they fall! Deedee introduces word work and intervention activities for kindergartners who need help with phonics, phonemic awareness, and fluency. Learn how to put these activities to work in your small-group lesson and in tier 2 and tier 3 interventions.

Deedee Wills is an experienced teacher, literacy coach, and a national presenter with a deep background in early childhood education. She loves connecting with other teachers through her

popular blog, Mrs. Wills Kindergarten. Her sessions are a great way to tap into her creative, fresh ideas for creating a classroom where every kindergartner has fun and succeeds.

A23 Practical Skills for Beginning and Struggling Readers (Elementary)

Where do I start? How do I teach them to read? When you are new to elementary or the primary grades it can be difficult finding out where to start with beginning readers and how to help struggling readers. We will introduce you to some practical ways to teach phonics, decoding, and reading skills through music, movement, visual arts and games.

Jennifer Coates and Carmelina Woods are primary teachers at Kamloops School of the Arts. They both have a passion for seeing students learn ways to be successful when being taught through the ARTS. Carmelina and Jennifer are parents of children now attending school and have found deeper meaning in understanding the importance of the role of a great educator and parent.

A24 The Math and Science of Fast Food (suited for grades 6-9)

This short and engaging inquiry is a fun and high energy way to do a deep dive into what makes up fast food, and how we can use math and science to inform ourselves about the food we eat. He has taught this unit to over a thousand students, and time after time it proves to be a crowd favourite.

James Gill is a teacher in SD43/Coquitlam. Currently he teaches grades 4 and 5 in the Reggio Inspired program at Meadowbrook Elementary. Over his 18 year career, he has taught at elementary, middle and secondary levels, is one of 26 Microsoft Innovative Educator Fellows for Canada, and has been a speaker and presenter at national and international conferences. He loves cooking, travel, fitness and family.

A25 Mosaic Sexual Health Education (Grade 4 to 7)

This session will focus on developing a teacher's confidence, knowledge-base and competence so that they can provide engaging, inclusive and shame-free lessons that meet the BC Learning Standards to students in the primary grades.

Topics covered will include:

- Why is sexual health education so important for primary grades?
- The role of the teacher in sexual health education.
- What should I teach?
- Teaching in an inclusive manner.
- Modeling comfort and acceptance.

Martha Solomon provides Sexual Health Education in Kamloops. She graduated from the Options for Sexual Health SHEC program in 2018. She is qualified to teach K-12 children and youth in schools, educators, parents and community groups. She has an extensive background in education, both as a teacher and an administrator and has a passion for teaching.
(www.mosaicsexualhealth.ca)

A27 High Order Performance (HOP): The Path to Elite Performance (Universal)

Most people set goals and have plans on how to achieve them, but did you know those two things may not be enough for success? HOP requires you to ask better, more incisive questions about yourself and your goals, plus utilize better measurements to help you move from being a good performer to not just great, but world-class! Learn what science and research, plus evidence and experience, are telling us about achieving elite levels of performance, developing highly-effective leadership, and building high-performing teams. In this session you will learn:

- How to avoid the performance trap mindset
- How to get to the top 1% in your field
- How to minimize the commodity spiral
- The Game Changer Equation
- 6 keys of the HOP Model of High Performance

Leave this session with the tools, focus, direction, confidence, and motivation to take you and your team to the next level of success!

Corey Sigvaldason, ELP, CBB, MBA, PhD student- *Thought Leader on High Performance and Founder of HOP*. Corey's life's work is researching and teaching individuals, businesses, and organizations how to increase organizational performance and effectiveness. Corey is known for stretching people and organizations to grow into their potential by thinking "What if..." Corey brings a great deal of experience and energy to his clients. He is a national speaking champion, author, speaker and trainer. Corey has helped thousands of businesses over the years start, grow, or sell their business and has worked with municipalities, provinces, and nations and led local, provincial and national organizations. Corey now shares his experience and knowledge through HOP Performance Institute and HOP Performance Leadership programs worldwide. Corey sees himself as a lifelong learner and to that end is in the final stages of completing his PhD in Management. Corey continues to teach and develop programs as well as head-up training sessions and consulting around the world. Corey is a man that believes in his vision and strives to leave every place he touches better than how he found it.

<http://hopperformanceinstitute.com/core-team/>

A28 Bringing Mindful Self-Compassion to Yourself and Your Students (Secondary)

In this workshop, we will explore effective strategies in mindfulness and self-compassion to support your teaching practice and alleviate stress and burnout. In turn, you can support your students by embodying mindfulness in your classroom. Research has shown that these practices can increase attention, perseverance in the midst of challenges, growth mindset, emotional regulation, and it can decrease stress and emotional difficulties such as anxiety and depression. You will learn concrete, developmentally appropriate activities which are linked to the core competencies that support well-being, manage stress, and increase happiness and peace during stressful times.

Dr. Bernita Wienhold-Leahy has training in several mindfulness programs such as Mindful Self-Compassion, Making Friends with Yourself (a Mindful Self-Compassion course for youth), and Learning to Breathe. Her doctoral research was in teaching mindfulness and self-compassion to adolescents in a high school setting. Bernita currently works at TRU in the Faculty of Education and has worked for more than a decade with adolescents in a high school setting. She is

passionate about bringing mindfulness and self-compassion to people in all walks of life. The joy of teaching self-compassion is the benefit it brings to others.

A29 Adventures in Gamification- a round table (Secondary)

Gamification debrief! Were you inspired by Justin DeVries and Mike Koppes a few years ago? Where did you go from there? I (like a fool) jumped in head first. I will share the evolution of my gamified science classroom and how it is working for me. Learn how I have deadlines and due dates without giving '0's and not increasing my stress or marking load. Tammy has recently gamified her textiles class and she will share how students take ownership of their project and have greater success using this model. Laurel had created a hyperdoc as a delivery method for assignment options. We will be available to show tips and tricks and how inclusive this method can be.

Laurel Reed, Tammy Ferris and Jenn Filek are part of the amazing staff at Westsyde Secondary. They have been looking for ways to increase the points of entry to their assignments and allow for 'Voice and Choice' without killing themselves.

A30 Secwepemcstin for the Classroom (Universal)

Please come and share your smiles with us. We will share some knowledge, history and Secwepemc language with you. No previous experience necessary. Each of us has knowledge to share for all grades and levels.

Ivy Chelsea, Tracy Ned and Karen August are three language teachers who work with various grade levels and multi-grade classrooms. We have experience in primary, intermediate and secondary with a combination of language instruction and cultural knowledge.

A31 Farm to School: Food Literacy Learning Circle (Universal)

This workshop will focus on peer learning related to incorporating food literacy into curriculum. Do you have a garden at school and have experience or questions that you would like to share with a group? Are you interested or engaged already in starting a project like microgreens, composting or cooking in the classroom? We want to hear from you: your successes, the areas you need support, and your ideas for incorporating food into the curriculum. The workshop will be interactive and participatory and you will come away with knowledge about who is doing what, where to get help if you need it, and what creative food projects may be possible in your classroom.

Bonnie Klohn is passionate about growing healthy local food and the Kamloops Region Farm to School Animator. She is a proud hen owner and backyard grower. She currently works with the Kamloops Food Policy Council and is engaged in projects around Indigenous Food Sovereignty, addressing household food insecurity, and using food as a vehicle for social inclusion. She is constantly inspired by the energy and creativity of teachers and students who are creating positive impacts on our food system by starting in the classroom and sharing with the wider community.

A33 Building Academic Portfolios K-8 (K-8) repeated in D18

This session will focus on using academic portfolios for ongoing communication of student learning. Through baseline assessment and personalized targets, teachers can create a purposeful trajectory for instruction; rubrics, continuums and performance standards serve as the backdrop for the story of learning. By purposefully collecting evidence, teachers can highlight student growth, illuminate next steps, and authenticate conferencing and summative reporting. *** Participants are asked to bring laptops to access all frameworks digitally, and to bring a 1.5-inch binder to assemble a template portfolio on site (materials provided).

Drawing on the 18 years teaching experience in K-8 classrooms, Jen Moroz has focused on creating assessment frameworks. During her time on the Learning Innovations team in SD 57, she has developed tools for portfolio assessment and collected exemplars to share in workshops around the province. Recently, two of her frameworks for assessing curricular and core competencies were featured in Solution Tree's "Growing Tomorrow's Citizens in Today's Classrooms" (C. Erkens/T. Schimmer/N. Vagle). Jennifer's passion is finding ways to expedite the process of communicating student learning to create joyful and accurate communication for learners, educators and parents.

A34 SOGI Lessons and Resources (Universal) repeated in D19

Bryan will provide suggestions and recommend resources and lessons that address some of the SOGI learning objectives included in the revised curriculum in a manner that minimizes controversy and maximizes inclusivity. He will also offer a session on how to make classrooms and schools more gender inclusive (D19)

Bryan Gidinski is an intermediate elementary teacher with more than 20 years teaching experience. He is a SOGI support teacher in the Burnaby School District. He has recently had an article published.

A35 FreshGrade Next Gen Sneak Peek! Universal)

Introducing FreshGrade Next Gen! Our development team has been hard at work building the next iteration of FreshGrade and we would like to give you a 'sneak peek' on some of the exciting changes in the upcoming school year. We would also like to take this opportunity to review how FreshGrade has been working out for your District teachers, parents and students.

Presenter TBA

A36 Blended Learning (Secondary)

The intention of the workshop is to outline the transition, and bridge the gap between, purely distributed learning and traditional face-to-face learning. Thomas' workshop is sponsored by the BCEDL PSA and BlendEd BC. The BlendEd BC community is a network that brings educators from around the province together to share in collaborative approaches to blended learning, share ideas, thoughts and experiences, and to continue down the path of blended learning implementation in various contexts. The BlendEd BC network was created by educators in the province. We are a group of volunteers who share a common vision and goal of sharing blended learning practices throughout all institutions and all levels in BC.

Thomas Diesch is a high-school science teacher, blended innovator, gardener, hunter/gatherer, lifelong learner, and lover of all things pedagogical, outdoors, and nature related!

Session 'B' workshops:

12:50 – 1:50

B1 Pedagogy of Creativity (Universal)

Creative thinking is a core competency in the BC curriculum, and is a global education goal at all levels. However, while this is an important and laudable goal, how do we as teachers directly (or indirectly) teach these skills in a meaningful and lasting way? How can we do it if we feel somewhat inadequate in our own creativity? This workshop will describe a pedagogical approach to teaching creative thinking that can be adapted to any grade/subject and will include some assessment ideas. We will also spend time building our own creative thinking, using some non-threatening hands-on activities. No role-playing!

Dr. John Churchley is Coordinator for Teaching and Learning at TRU. He has a long history working in creative roles in School District 73 including music teacher, District Fine Arts Coordinator, and Principal of Beattie School of the Arts. As Assistant Superintendent of Human Resources and Elementary Education he also had to make use of creative thinking skills. While he loves teaching in and about the arts, he is passionate about teaching and learning in general.

B2 Why We Tell Stories (Secondary)

Contemporary storytelling delivered through TED Talk style lecture interspersed with spoken word performance. These are stories about love and being connected to the world while celebrating uniqueness. This show is accessible to various learning styles by incorporating multiple mediums, languages, and senses by integrating aspects of comedy, film, captions, dance, music and more. You will leave feelings engaged and inspired, uplifted and challenged.

Miranda Krogstad is a spoken word poet and educator whose words have empowered students in over a dozen cities across Alberta and beyond. Outside of the classroom, she is a 2-time Canada Council for the Arts recipient, a 2016 national wild card team member, and cofounder of YYSpeak.

B3 Self-Care for Success in Business and Beyond (Universal)

Have you ever wanted to improve an area of your life but didn't know where to start? Are you looking to make changes but lack the motivation? In this 1 hour interactive talk, you will start off doing an assessment to help put your level of self-care into perspective. You will also learn my simple and practical, 5 Pillars to Self-Care for Success. The primary goal is that everyone walks away with tangible, realistic and easily implementable tools that will positively impact their life in the workplace and beyond. I will touch on each of the following areas of health as they relate to self-care that will inspire you to take action, today!

Kristy Ware's passion for speaking and coaching shines through in her ability to mix humour with realism, capture an audience, share her message and inspire people to take action. Her mission is to encourage others to find their voice, speak their truth and live their very best life.

B4 Math Stations (Elementary)

Engage your young mathematicians with practical, classroom-tested activities. And, explore ways to incorporate your favourite themes into math stations while meeting the curricular outcomes. All of Deedee's activities are predictable and sustainable and develop learning independence in all your kindergartners.

Deedee Wills is an experienced teacher, literacy coach, and a national presenter with a deep background in early childhood education. She loves connecting with other teachers through her popular blog, Mrs. Wills Kindergarten. Her sessions are a great way to tap into her creative, fresh ideas for creating a classroom where every kindergartner has fun and succeeds.

B5 The Journey: Principles for Always Breaking Limitations (Universal)

In this workshop Wai will use his personal story of how he has overcome challenges in his life and provide principles that will help you overcome challenges so face so you can break limitations in your own life. Some concepts he will cover are: acceptance, believing, goal setting, change, purpose, being responsible, commitment, and results. Be inspired and equipped with strategies and ideas to change your life immediately!

Despite being born with cerebral palsy, moving to Canada at a young age and English as his second language, Wai Ma has chosen a career in speaking when there was a time in his past when many doubted he would ever be able to communicate clearly. Wai is surrounded by a great support structure of family and friends who are inspired by his attitude and determination to make a difference in others' lives by sharing his experience. Wai has always looked for solutions instead of excuses. He is a living and inspiring example of breaking limitations!

B7 Polished Publishing with Lucidpress (Grade 5 – 12)

How do your students showcase their learning? Lucidpress is a FREE App that can allow your students to create polished and professional looking posters, brochures, newspapers and even magazines! Come to learn more about this versatile tool!

Sharmane Baerg teaches gr. 7 at McGowan Park. She loves to stretch the possibilities for students and blow the roof off her classroom!

Session 'C' workshops: 2:00 – 3:00

C1 Mind the Gap- K-16 Projects (Universal)

We're getting students ready for university and the university is getting ready for our students! This session is the continuation of a conversation that started at the April 2018 KTTA PD Day about bridging the gap between secondary and post-secondary education. We will share about some exciting projects that emerged from that conversation and have connected SD73 students and teachers with TRU students and faculty. We will also continue to discuss further initiatives that encourage teachers and faculty sharing their expertise and innovative ideas for connecting and supporting our students as they progress from Kindergarten to Post-secondary.

Dr. Catharine Dishke Honzel hold a PhD in educational psychology (Western University) and a MA in applied social psychology (Windsor). Her work as an educational developer is focused on faculty development, undergraduate research, experiential learning and the scholarship of teaching and learning. Catharine's research projects have examined the role of teaching and the environment in fostering creativity, retention and completion in trade apprenticeships, and faculty and student perceptions of teaching at research-intensive universities.

Dr. John Churchley holds an EdD in educational leadership (Nottingham), as well as an MA in music education and a Bed in secondary music and mathematics (Victoria). He is Coordinator of Teaching and Learning at the Centre for Excellence in Learning and Teaching at TRU. His teaching areas are teaching and learning, music education, and leadership and management in the K-12 sector. He research interests are related to aesthetic education, creativity and innovation in learning, learning through integrated arts, and leadership education.

Dr. Susan Lidster hold an EdD in educational leadership (University of Calgary) and a Med in counselling psychology (UBC). She is an instructor in the Bachelor and Master of Education programs at TRU and the practica coordinator for the new Bachelor of Education STEM (Secondary) program. Additionally, Susan is the coordinator for the Mind the Gap program which supports collaborative work between school district teachers and TRU faculty, leading to enhanced learning experiences for all students. Her research interests include workplace wellness, inclusive education, and teacher education program development.

C2 Storytelling in Science (Secondary)

This Storytelling in Science workshop fuses the poetic elements of storytelling with the hard facts of science, encouraging students to connect with scientific concepts in a personally meaningful way. During the workshop, students use their natural curiosity and personal experience to connect themselves to the theories they are learning about. Empowering students to go beyond simply stating the facts, they will learn to describe the story in a compelling way that uses scientific theory as the narrative. Krogstad breaks down the recipe for making science poetic and how to write a captivating story. Because science doesn't have a voice, but you do.

Miranda Krogstad is a spoken word poet and educator whose words have empowered students in over a dozen cities across Alberta and beyond. Outside of the classroom, she is a 2-time Canada Council for the Arts grant recipient, a 2016 national wild card team member, and cofounder of YYSpeak.

C3 Reality 101: A Day in the Life of a TTOC (Universal)

This BCTF workshop is designed to support teachers teaching on call with current teaching practices and resources, and to enhance their confidence in their professional status.

Nichelle Penney has been teaching for six years in Kamloops, and has been active in the union from the beginning. In that time she has worked both locally and provincially to help improve the working conditions of teachers and students across B.C.

C4 Assessment (Elementary)

Find practical tricks and tools to help you actively identify the skills your students have mastered. Confer on the go to plan instruction, provide interventions, and set future goals. Deedee will show you some organizational ideas that allow you to gather valuable information and monitor the growth of your students without losing valuable instruction time.

Deedee Wills is an experienced teacher, literacy coach, and a national presenter with a deep background in early childhood education. She loves connecting with other teachers through her popular blog, Mrs. Wills Kindergarten. Her sessions are a great way to tap into her creative, fresh ideas for creating a classroom where every kindergartner has fun and succeeds.

Session ‘D’ workshops:

1:00 – 3:00

D1 The Inquiry Cycle (Elementary)

Join Rebecca for an empowering session that will leave you inspired and ready to implement the Inquiry Cycle presented in *Inquiry Mindset*, her co-authored book with Trevor MacKenzie. You will be guided through unpacking the 10 phases of the Inquiry Cycle. Rebecca will touch on each of the phases and tie in lots of classroom examples and activities to support the phase. From provocations, to developing research skills, and exploring various tech tools and platforms to support the phases, this session will leave you feeling excited and empowered to implement inquiry using the Inquiry Cycle in your classroom. This workshop will include guided and supported time to plan a structured or guided inquiry for your class.

Rebecca Bathurst-Hunt is a French Immersion Kindergarten teacher in the Greater Victoria School District. She is passionate about empowering learners to ask deep questions that are connected to their interests and passions. She builds off learners’ curiosities and wonders to help support them in developing an Inquiry Mindset. Her learners thrive in a child-centered environment, where they are challenged and supported to construct their own knowledge through hands-on and meaningful learning experiences. Rebecca is a graduate student at the Vancouver Island University, a thoughtful sketchnote artist and an enthusiastic blogger in the education community.

D2 What is FASD and its impact on learning (Universal)

What is FASD and how does it impact learning and behaviour in the school environment? Understanding FAS can help you make better interventions that will help you and the student succeed.

Greg Pearce is a practicing school psych with SD73; prior to this he worked in SD52 as a school psych. He is also a certified counsellor with the Canadian Counselling & Psychology Association and the District Partner for POPASD in SD73.

D3 Let’s Get Logical! Creating Critical Thinkers (Grades 4 – 8)

It’s the Age of Persuasion- from ads to politics, from age 5 to adult, students are surrounded by hundreds of persuasive messages each day.

Critical thinking is a core competency, and now is the time to prepare students for active listening and reading. First, teach students to listen for specifics with three engaging classroom

activities. Then use that skill to analyze messages for logic- with examples, and games, and even the *Star Trek Logic* board game. Close with 5 simple rules for critical thinking. It's engaging fun as well as 'poking the brains' of students to think actively. Detailed handout of practical materials for grade 4-7 included.

Diana Cruchley is an award winning educator and an author who has taught both elementary and secondary levels. She is the recipient of the Governor General's Flight to Freedom Literacy Award. Her practical workshops are always enthusiastically received.

D4 Games and Activities to Optimize Self-Regulation (Universal/Elementary) repeat of A6 Brocklehurst Middle School gym

Creative games and activities can promote skills that optimize self-regulation. When our students have the opportunity to develop the skills needed for self-regulation they are better suited to make healthy choices that affect them and their school community. Join Ever Active Schools as we explore how PHE classrooms can be the optimal settings to promote these skills through fun, creative and original activities.

Chris Fenlon-MacDonald is a Physical Education Specialist and the Education Coordinator at Ever Active Schools, a provincial initiative supporting health and learning outcomes in Alberta schools. Chris oversees the professional learning aimed to increase the capacity of school communities by working with superintendents, senior school leadership, teachers, parents, students and allied health promotion specialists.

D5 Mathematical Exploration for Primary Grades (K-3)

We will look at short cuts for addition and subtraction using the 0-99 chart. Patterns on the 0-99 chart will be explored. Skip counting and multiples will be explored. Low tech games will be presented. Many of these activities were part of the Family Math program which Thor presented to schools from 2011 to 2017. This workshop is hands on and fun. Children and adults will not know they are doing Mathematics because it is so fun.

Thor Fridriksson has taught for over 40 years and been involved with Mathematics (problem Solving, MathExpo, Math Contest). He has written two books and presented countless workshops on Mathematics. Thor's enthusiasm for Mathematics is infectious.

D6 Powerful Readers of Fiction (Secondary)

In this workshop, participants will explore five reading comprehension strategies for fiction and will be given the opportunity to explore how these strategies can be integrated into instruction in an English Language Arts Class.

Kyla Hadden has taught in the North Okanagan-Shuswap for over 15 years. She started her career teaching upper intermediate and has taught a variety of English and History courses at the Secondary level for thirteen years. Kyla recently published her first book *Powerful Readers: Thinking Strategies to Guide Literacy Instruction in Secondary Schools*.

D7 Get Outdoors (Universal)

Join me in exploring the new curriculum and have it connect to the place based learning and getting your kids outside!

Jennie McCaffrey is a WildBC educator, helping teachers get their students outside. She manages the program for the BC Parks Foundation and works closely with the Invasive Species Council of BC on training programs to reduce the spread of invasives.

D8 Coding without Computers (Universal)

If you're struggling with equipment and technology, this workshop will give you several ideas of how you can integrate coding into your classroom. In this workshop, we will explore a variety of off-screen activities that apply coding strategies, which will provide a foundational understanding for both you and your students.

Science World BC is committed to supporting teachers in STEAM (Science, Technology, Engineering, Art & Design, and Math) teaching and learning; presented by Karen Lee.

D9 Accelerating the Progress of Readers Experiencing Difficulties (Elementary Learning Support and classroom teachers) repeat of A14

This research based interactive in-service is designed for Elementary/Middle School Learning Support and classroom teachers. In an interactive manner, the presenters will model and describe how a daily, strategically-based pull-out and in-class reading intervention can make a positive difference with vulnerable students. Participants will be provided with opportunities to practice and experience how to teach in a manner that facilitates strategic activity. This presentation will answer the question 'What is possible for students experiencing difficulties in reading?' Over the past 8 years and over 300 students serviced by the presenters who were below grade level in reading reached the average band of instruction.

Paul Pantaleo (BEd, MA and Post Masters Diploma) is currently a Learning Support Teacher in the Greater Victoria School District. Also as a sectional instructor at UVic he has taught numerous courses focusing on assisting students at the elementary level experiencing difficulties with reading and writing. He has also been a classroom teacher, elementary vice-principal, Reading Recovery Trainer, Teacher Leader and Teacher.

Breanne Glover (BEd, Post Degree Diploma and MEd) is currently a Learning Support Teacher, with a focus on inclusion. She has also been a middle and elementary school classroom teacher and has been a part of a district mentoring program.

D10 Pickleball (Universal)

Come try out the fastest growing sport in North America- Pickleball! Kamloops Pickleball Club members will teach the service, service return, drop shots and volleys. Number one rule in Pickleball is HAVE FUN!

Ross Nybo is a former SD73 teacher and KJ Klontz is a former Sport Development Coordinator for the City of Kamloops.

D11 Inquiry-Based Units: Scaffolding for Success (Secondary and Upper Elementary)

During this workshop, teachers will learn how to scaffold appropriately to support students throughout the inquiry process, increasing student ideation and follow through. It will highlight the challenges and provide guidance on ways to defeat them so students successfully delve into inquiry projects and follow them through to completion. Educators will leave equipped and ready to guide students through inquiry.

Kelly Skehill: Food Studies, Math, Science, Outdoor Education and MYP IB Design teacher. In addition to teaching she spent the last 5 years as the Innovative Lead Teacher at Rockridge Secondary School leading, supporting and participating in teams of teachers engaged in continuous learning through collaborative inquiry.

Jennifer Towers: Science MYP IB teacher, Biology teacher and IB Coordinator. She is a member of the IB Educator Network and leads workshops all over North America. She has also taught in the teacher education program at UBC in the area of inquiry and IB teacher education. In these roles, she creates her own inquiry units and supports other teachers in the creation of their inquiry units.

D12 Reality 101: A Day in the Life of a TTOC (Universal)

This workshop is designed to support teachers teaching on call with current teaching practices and resources, and to enhance their confidence in their professional status.

This BCTF workshop is presented by Nichelle Penney. Nichelle has been teaching for six years in Kamloops, and has been active in the union from the beginning. In that time she has worked both locally and provincially to help improve the working conditions of teachers and students across B.C.

D13 Growth Mindset and Inclusion (Universal)

When students and educators understand that intelligence and ability is not limited, they succeed in new ways, embrace challenges and look for creative solutions to previously unsolved problems. Growth Mindset can be a big help when planning for inclusion and teaching self-regulation. Educators who embrace a growth mindset will see more potential in all their students (and themselves!). Learn about strategies and resources that you can use right away. Simple adjustments to feedback, praise and self-talk can help foster a growth mindset in yourself, your students and your school.

Kristin Wiens, MEd, is an Inclusion Coach for SD 62 in Victoria. She supports integration support and classroom teachers from K – 12. Kristin is also one of the co-creators of the SD 62 Education Assistant program and has been an instructor in this program since 2015. She is author of *My Gratitude Jar* and co-creator of the *Long Story Shortz* videos and graphics available at: northstarpaths.com

D14 Frequently Asked Questions in HR & Payroll (Universal)

A panel of HR and Payroll staff providing general information on the most common procedures and situations related to teachers, as employees of SD73.

Presenter panel includes: Maxine Roberts (payroll), Trina Cassidy (finance), Carly Bell (benefits), Candice Lamont (staffing), Melissa McGarry (safety), Jennie Inkster (safety and wellness advisor), Darlene Doricic (Health and Wellness)

D15 Reggio Inspired Practice: Story Workshop, Loose Parts in the Classroom and developing a Reggio Inspired Learning Space (Elementary)

Reggio inspired classrooms are reflective of our beliefs that children are competent, capable and curious. The environment plays a critical role and the resources, learning frameworks, as well as, relationships with the adults and children in the room. This workshop is for educators who are thinking about transitioning to a Reggio Inspired practice and will include Story Workshop, Loose Parts and the importance of designing a Reggio Inspired Environment.

Liz McCaw is a Nature Kindergarten teacher who has taught for over 20 years, most of that time in the Kindergarten or Preschool classroom. She has a Masters degree in Early Education, is an author (*Outside our Window: developing a primary nature program*), researcher, innovator, mentor, collaborator, presenter, leader and lifelong learner. Currently she teaches Nature Kindergarten in Nanaimo, writes for her blog Nature Play on Vancouver Island and works as a third teacher and the power of children's learning through nature. Her hobby is to work with teachers to transform their classroom to convey a sense of calmness, beauty, natural light and include elements of nature.

D16 Technology for the Elementary Classroom (Elementary)

The goals of this presentation is to demonstrate how teachers, students, and parents can use digital tools to work together as partners in teaching and learning. This presentation highlights how we can use commonly available software, such as OneNote and Outlook for teaching and learning differently in our classrooms. We will also be looking at free apps such as OfficeLens and Microsoft Translator to move more teaching and learning into a digital environment. Finally we will be looking at how having an online or cloud component in every classroom may targeted towards some learners, but is beneficial to all. ***BRING your laptop or tablet!!!

James Gill is a teacher in SD43/Coquitlam. Currently he teaches grades 4 and 5 in the Reggio Inspired program at Meadowbrook Elementary. Over his 18-year career, he has taught at elementary, middle, and secondary levels, is one of 26 Microsoft Innovative educator Fellows for Canada, and has been a speaker and presenter at national and international conferences. He loves cooking, travel, fitness and family.

D17 Mosaic Sexual Health Education (Grade 4 to 7)

This engaging and interactive workshop will develop teachers' confidence, knowledgebase and competence so that they can provide engaging, inclusive shame-free lessons to their students.

Topics covered will include:

- Why is sexual health education so important?
- The role of the teacher in sexual health education.
- Teaching puberty in an inclusive manner.
- Modeling comfort and acceptance.

Martha Solomon provides Sexual Health Education in Kamloops. She graduated from the Options for Sexual Health SHEC program in 2018. She is qualified to teach K-12 children and youth in schools, educators, parents and community groups. She has an extensive background in education, both as a teacher and an administrator and has a passion for teaching.

D18 Building Academic Portfolios K-8 (Repeat of A33)

This session will focus on using academic portfolios for ongoing communication of student learning. Through baseline assessment and personalized targets, teachers can create a purposeful trajectory for instruction; rubrics, continuums and performance standards serve as the backdrop for the story of learning. By purposefully collecting evidence, teachers can highlight student growth, illuminate next steps, and authenticate conferencing and summative reporting. ***
Participants are asked to bring laptops to access all frameworks digitally, and to bring a 1.5 inch binder to assemble a template portfolio on site (materials provided).

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D19 Fostering Gender Inclusive Classrooms (Universal)

Bryan will provide suggestions and recommend resources and lessons that address some of the SOGI learning objectives and discuss how to make classrooms and schools more gender inclusive.

Bryan Gidinski is an intermediate elementary school teacher with more than 20 years teaching experience. He is a SOGI support teacher in the Burnaby School District. He has recently had an article published.

D20 EDLPSA (Educators for Distributed Learning) (Universal)

The Blended Learning Panel will include a rich discussion with educators on how to develop and maintain blended learning models in different learning environments. These environments will include a high school Chemistry teacher, a Distributed Learning model, a learning center for students with Autism, and a multi-grade, rural school. The panel will discuss the individual successes and growing pains of creating and maintaining these environments using online coursework, personalized and collaborative learning while also taking advantage of community resources, support, and the unique learning environments.

David Comrie is President of the British Columbia Educators for Distributed Learning. David has been working in the DL world since 1997. He is an experienced alternate education teacher that co ordinates SD 73's Elementary (K-7). David uses blended teaching strategies to provide his students and parents with an enriched learning experience.

Thomas Diesch, a Chemistry teacher, has been at the leading edge of implementing blended learning into his classroom. He believes that blended learning involves leveraging technology to give students choice in the pace, place, and content of their learning. He believes that blended education creates the opportunity for a student-led classroom where learners take charge in their own education and develop skills for life long after school.

Jenny Morrison is a teacher for a Distributed Learning school that works out of a learning center where students with Autism attend each day. The students attend this blended program in which students take online courses and are supported with various specialists including tutors, Speech and Language Pathologist, Occupational Therapist and Behaviour Specialist. Jenny works to create a blended learning program which caters to the individualized programs of each of the students while working closely with parents, tutors and other specialists to ensure educational and social needs are being met.

D21 Blanket Exercise: Reconciliation through Education and Understanding (Universal)
******Pineridge site**

This is a unique participatory history lesson- developed in collaboration with Indigenous Elders, knowledge keepers and educators- that fosters truth, understanding, respect and reconciliation among Indigenous and non-Indigenous peoples.

This will be presented by Mike Bowden, Aboriginal Education District Principal in partnership with KAIROS Canada and school facilitators.

D22 Come Explore Ghana (Universal)

Come experience Ghana through all your senses and learn a new way to introduce your students to a new culture. Add some Ewe drums, Ghanaian movements, and a traditional folksong to fully engage your students to this West African Adventure. This workshop is geared not only to music and arts teachers but will also enhance any Social Studies program.

Rhonda Powrie and LJ Froese are long-time music specialists for SD 73. They had the amazing opportunity to study in Dzodze, Ghana this past summer with the Nunya Music Academy.

Session 'E' workshops:
10:30 – 3:00 (unless noted otherwise)

E1 Wisdom of the Medicine Wheel (Universal)

The medicine wheel is an ancient, powerful symbol of the universe. It is a tool that helps us to see the interconnectedness of our being with the rest of creation. In this presentation, we will travel the wheel, stopping in the four directions using the symbols to mirror how we can achieve balance and harmony.

Sharon Anderson is retired. She has taught and created pottery. Her passion is ancient indigenous cultures from around the world. For the last 11 years she has held and led medicine wheel gatherings in Valemout and Jasper.

E2 Circle of Security Parenting- in the Classroom (Elementary)

This workshop, through videos, questions and discussions, introduces participants to the basic principles of the Circle of Security Parenting Program- in the Classroom. Educators from all backgrounds can learn how to perceive challenging behavior through new eyes and respond accordingly.

Regena Bergen has been teaching the Circle of Security Parenting Program for two years. With her experience as a casual education assistant, Regena is able to see how using the Circle of Security can help educators have a more peaceful classroom.

E3 EASE- Everyday Anxiety Strategies for Educators (Primary K-3) 8:30 a.m. start!

HGEC 1A

Join this fun day to explore this brand-new initiative for teachers that was co-developed by MCFD and Anxiety Canada and just released late January 2019. Part of the day will involve active learning about anxiety in children and how it impacts learning, relationships, and daily functioning. The remaining time will be spent with the EASE classroom resources which are universal, flexible, adaptable, evidence-informed, and aligned with the BC Curriculum. Please join this workshop if you are working with children aged Kindergarten to Grade 3.

Jocelyn Campbell has been working in the role of Mental Health Clinician for SD73 for ten years and also closely works with Child and Youth Mental Health Teams in the area. She is a Provincial Trainer and District Liaison for the EASE Program and is excited to bring this new initiative to our district. Students with anxiety have always been the largest group of her client base so she comes with knowledge to share as a clinician blended with her experience as a classroom teacher.

E4 Building and Maintaining Resiliency for Excellence (Universal) NorKam Library

With all that occurs in our workplaces and homes, the one constant we encounter is stress. Stress can manifest in reactions ranging from trepidation to full-blown anxiety to defensiveness. This course focuses on building resiliency to combat the impacts of stress on the brain and body.

Learning objectives include:

- Defining the term 'resiliency'
- Defining the term 'stress' and understanding how it impacts resiliency
- Assessing current stress levels using a world-wide instrument
- Identifying the impact of stress on the brain
- Implementing 'in-the-moment' strategies to manage stress-inducing situations
- Designing a resiliency plan based on strategies gleaned from Neuroscientists

Raj Dhasi (Turning Point Resolutions Inc.) is an experienced organizational development consultant providing conflict assessments, mediation services, communication, performance and leadership coaching, training and multi-party problem solving processes in organizations across Canada.

E5 L'atelier d'écriture au primaire: une démarche authentique de l'auteur (Elementary)

Presentation de l'atelier d'écriture en classe. Survol des composantes importantes : Fondements, valeurs pédagogiques, structure d'un atelier, architecture de la mini-leçon, partenariat, entretien... Il y aura des exemples concrets, des vidéos et des travaux d'élèves.

Isabelle Robert enseigne depuis vingt ans au Québec. Elle collabore au sein de sa commission scolaire dans l'implantation de l'atelier d'écriture au Primaire. Co-fondatrice du Blogue Les ateliers d'écriture et de lecture au primaire, elle est conférencière, formatrice et adaptatrice et aime partager ses expériences et sa passion pour l'enseignement.

E6 Embodying Peace in Your Classroom (Universal) NorKam Drama rm.

Learn how wellness practices of yoga and mindfulness can be embodied and benefit you as a teacher and your students. Learn self-care practices and direct ways to share with your students to promote wellness, self-regulation and strengthen relationships.

Natalie Seari and Kristine Divall are educators of Vinyasa Yoga for Youth (VYFY) non-profit creating programs for youth in Kamloops and remote communities. Natalie is a kinesiologist and yoga therapist, and Kristine has a Masters of Education and is the Program Director of VYFY, both teaching for over 12 years, creating fun and unique programs in BC, and Saskatoon.

E7 Career Life Collaboration and My Ed Portfolios (Secondary) NorKam rm. 122

CLC and CLE Collaboration: Did you teach CLE this year? Are you teaching it next year? What about CLC and Capstone. If you'd like a chance to learn about My Ed Portfolios, and work with Mentor Teachers who have participated in the Career Ed Workshops, and taught CLE this year, then join us for the full day.

Rolynda Simpson is currently enjoying her job at Valleyview Secondary, teaching Connections 9 and CLE 10.

Allison Badger is the Career Education Coordinator for the district. She has been excited about the success of Career Life Education and looks forward to the upcoming Career Life Connections course. She is thankful for the dedicated work that CE teachers do to help students prepare for tomorrow.

Sheila Monkman is the Trades Coordinator at NorKam and one of the Career Ed Teachers. The first round of teaching Career Life Education was great, and she can't wait to see where the Capstone projects go.

E8 New Afton Mine Teacher Tour (Universal)

The visit will include a presentation on New Afton, plus a tour of underground workings, surface infrastructure and the mill.

This is a unique opportunity to meet the operators and learn firsthand about block cave mining, the milling processes, waste rock disposal, markets, and impacts on the region.

** Contact Eric Rustand (erustand@sd73.bc.ca) for further information

Schedule-

Depart: 7:45 a.m. (sharp!) at Dufferin Elementary Parking Lot (1880 Hillside Dr, Kamloops)

Return: ~ 2:45 p.m. (same location)

Transportation: Bus transportation from Dufferin and around the mine will be provided.

Lunch: Please bring your own lunch, snacks and water bottle to keep hydrated during the walking portions of the tour.

Link to eventbrite: https://www.eventbrite.ca/e/new-afton-mine-pro-d-field-trip-for-teachers-tickets-55973776071?utm_term=eventurl_text

E9 Thinking by doing: helping students think and act independently and collaboratively in the Arts, Phys.Ed., and Shop (Secondary) **Participants should create a personal account before any Critical Thinking session by going to: https://tc2.ca/shop/create_account******

Teachers in engaging, hands-on, active classrooms like the Arts, Phys. Ed. And Shop are experts in immersing their students in the learning. We've heard from many teachers that the last thing we want to do is interrupt an engaging hands-on experience for an inactive thinking task. We also know that students often need support in these classes to think independently, to take responsible risks, to think collaboratively, to think strategically and to be comfortable not knowing the 'right' answer. This session will explore practical responses to questions such as:

- How do I help students in these classes become better thinkers while they are in the midst of experiential learning?
- How do I teach students to 'think on their feet'?
- What are some practical and powerful strategies that I can use immediately to build on what I'm already doing to support student competencies and enhance student learning even more?

Usha James spent 12 years as a secondary teacher and five years seconded to OISE at the University of Toronto, as an instructor in the Initial Teacher Education Program and Director of the Secondary Program. She has co-authored textbooks, teachers' resources, course profiles and ministry documents with the aim of providing practical strategies for teachers seeking to refine their practice. Usha has contributed to The Critical Thinking Consortium for many years as a resource writer and reviewer and as a speaker and facilitator. Usha has worked with teachers of kindergarten to post-secondary students, supporting their efforts to improve the quality of their students' thinking. She has seen how an understanding of critical thinking can deepen teacher understanding and practice of assessment, instruction, curriculum design, literacy, numeracy and differentiation. Recently, Usha has also worked extensively with principals and superintendents particularly with the aim of helping them support teachers shifting towards a critical thinking pedagogy.

E10 Building sound reasoning competencies in Senior Math Students (Secondary)

******Participants should create a personal account before any Critical Thinking session by going to:**

https://tc2.ca/shop/create_account****

How do we best guarantee that every student in our senior math classrooms will experience math success in their post-secondary endeavours? Senior math students have been accumulating a lifetime of math knowledge and yet they fail to realize the power that it holds. Teaching students how to reason mathematically helps them come to understand that math knowledge is only as powerful as how it is used. In this full day session, you will explore TC²'s

Approach to math learning, its six essential principles for learning math success and the everyday practices that will ensure success for every student regardless of their post-secondary destination.

Laura Gini-Newman began consulting with TC² after a diverse career as a classroom and university educator, consultant, coach, and textbook and curriculum writer. She has worked with teachers of all subject areas in Ontario, Alberta, B.C., the USA, Europe, Asia, the Caribbean and the Middle East. She has worked with teachers around the world highlighting the significant role of sustained critical inquiry in mathematics in empowering all students to become independent, self-regulated learners who understand the societal value of mathematics. Recently Laura was awarded the Karen LaRone Hidden Hero Educator Award for her work in mathematics. Laura has received formal training as a facilitator through both the ICA Associates Inc. and Adaptive Schools. She has presented widely on the topics of critical thinking, inquiry, assessment, instruction, school success planning, multiple intelligences and brain research.

E11 Critical Thinking in The Humanities (Secondary) **Participants should create a personal account before any Critical Thinking session by going to: https://tc2.ca/shop/create_account******

What did Francis Bacon actually mean by his famous declaration that ‘Knowledge itself is power’? Students today have access to more information than any previous generation in history. Does this make them wiser or more knowledgeable? Or, are too many caught in the paradox of living in an information rich society without the intellectual tools to turn knowledge into power? During this session, Garfield will explore powerful ways to frame learning with thinking at the core and with a focus on teaching for transference and conceptual understanding. Throughout the day, teachers will work with intellectual tools for quality thinking and will consider how the multiple practical strategies shared can be used in their everyday practice. Participants will also explore the power of sustained inquiry to promote deep learning among students. The use of a ‘cascading’ approach to unit design and several easy to use ideas for ‘learning launches’ will be shared.

Garfield Gini-Newman is an associate professor at OISE/University of Toronto and a senior national consultant with The Critical Thinking Consortium, and has worked with thousands of teachers across grades and subjects, helping them to frame learning around engaging and provocative activities and authentic assessments. Garfield has spoken across Canada and internationally on critical thinking, brain compatible classrooms, curriculum design, effective assessment practice and nurturing 21st century skills in a digital world. In addition to working at the University of Toronto and delivering workshops, Garfield has taught in the faculties of education at York University and UBC. Garfield has also authored several articles, chapters in books and seven textbooks. His most recent book, co-authored with Roland Case, is *Creating Thinking Classrooms*.

E12 Shining a Light on Critical Thinking in Science (Secondary) **Participants should create a personal account before any Critical Thinking session by going to: https://tc2.ca/shop/create_account******

How can I use critical thinking to deepen understanding and nurture competence in science? What are some practical and effective ways to introduce critical thinking when I have so much content to cover? Come and explore practical and powerful ways to nurture quality thinking and inquiry in science. In addition to practicing strategies for designing questions and tasks that encourage critical thinking, this session will explore how student competencies can be nurtured

through the use of intellectual tools. This session will also include time to apply the learning; participants are encouraged to bring any lessons or teaching materials they wish to work on.

Warren Woytuck has been a K-12 teacher and elementary and junior high school principal for more than 20 years. His diverse professional background includes leadership experience in government and not-for-profit organizations. As curriculum manager with Alberta Education, Warren co-led the development of the provincial high school social studies curriculum. Warren has also authored and edited TC² teaching and learning resources. As a coach and facilitator, Warren has worked with thousands of educators and leaders in the areas of critical thinking, creativity, design thinking, instructional excellence and school leadership. He is the recipient of the Alberta Teachers' Association Social Studies Council award of Excellence and the Royal Roads University Leadership Award.

E13 Paint Palette Mixed Media (Universal) NorKam Art rm.

Using wooden paint palettes and a variety of mixed media, you'll be creating a work of art that says something about you or your artistry. Choose what aspects of yourself you'd like to convey through your finished piece. If you'd like to bring additional materials (2D or 3D), they can be incorporated into your palette. This project was done with senior students, but can be adapted for younger students, and it emphasizes 'Choice' and 'Voice'. Anyone working at the K-12 level is welcome to attend. 'Painting is a means of self-enlightenment' (John Olsen)

Sharon Richards is an art teacher at Westsyde Secondary, and she worked on the K-9 and 10-12 Arts Education Curriculum writing teams, as well as WEX 11-12. She is a former president of the BC Art Teachers' Association, and still serves on their executive.

E14 Who's Doing The Work? (K – 7)

Jan Burkins and Kim Yaris explore how some traditional scaffolding practices may actually rob students of important learning opportunities and independence. Who's Doing the Work? Suggests ways to make small but powerful adjustments to instruction that hold students accountable for their own learning. Educators everywhere are concerned about students whose reading development inexplicably plateaus, as well as those who face challenging texts without applying the strategies they've been taught. When such problems arise, our instinct is to do more. But when we summarize text before reading or guide students when they encounter difficult words, are we leading them to depend on our support? If we want students to use strategies independently, Jan and Kim believe that we must question the ways our scaffolding is getting in the way. Next generation reading instruction is responsive to students' needs, and it develops readers who can integrate reading strategies without prompting from instructors. In Who's Doing the Work?, Jan and Kim examine how instructional mainstays such as read-aloud, shared reading, guided reading, and independent reading look in classrooms where students do more of the work.

E15 Digital Tools to Support Struggling Readers and Writers in the Classroom (Universal) Henry Grube Education Centre rm. 6

**** to register, go to <https://www.eventbrite.ca/e/51281070061>

****participants are encouraged to bring their own internet enabled devices

This face-to-face professional learning opportunity will provide participants with an overview of various digital tools and apps across different platforms that can support struggling literacy students in the classroom. In the session, participants will have hands-on opportunities to explore and develop ideas to bring back to their classroom.

Prior to joining SET-BC, Emily Olson worked with learners from grades 2 to 10 in a variety of settings: at a Canadian international school abroad, with the New Westminster School District, and with the Vancouver School Board. She is passionate about the power and potential of educational technology to make learning accessible, engaging, applicable, and relevant to all learners.

E16 Teacher-Librarian Collaborative Session (Brock Middle Library)

Hosted by Cecile McVittie