

Cultural Education Coordinator – Bernice Jensen Kamloops Aboriginal Friendship Society (KAFS)

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Cultural Presentations:

Drum & Singing Traditional Songs	Residential School History
Interior Plateau Dances – Adult & Children	Pow Wow Dance & Etiquette
Traditional Foods with visual aides	Traditional Games – Knobby, Lacrosse, etc.
Traditional Hunting & Fishing	Bannock Making with Indian Tea
Tools & Technology with visual aides	Indian Ice Cream Making
Medicinal Medicines with visual aides	Rights of Passage
Display of Clothing: furs, buckskins	Medicine Wheel History
Men’s, Women’s & Children’s Role	Sweat Lodge
Ceremonies & Protocol	Tipi – set up and display (small one)
Smudging with the 4 Medicine Plants	Tanning Animal Hides
Traditional Story Telling	Offering Ties
Nature Walk with Plant Identification	Harvest - Sage, Cedar, Pine Needle, potato
Lahal/Stick Games	Harvest – Red Willow, Birch Bark & Hemp
Traditional Governance	Flint Knapping

Traditional Art Projects:

Drum Making (small groups)	Making Pow Wow Regalia
Rattle Making	Mini Pit Houses
Mini Button Blankets – History & Project	Tullie Mats – History & Project (seasonal)
Dream Catchers – History & Project	Lanyards
Christmas Dream Catcher	Mini Inuksuk – History & Project
Pine Needle Baskets	Cedar Roses (seasonal)
Coil Baskets	Weaving Cedar Mats (seasonal)
Beaded Christmas Ornaments	Talking Stick
Metis Weaving – History & Project	Rain Maker
Mini Dip Net & Mini Set Nets for Fishing	Drum Sticks
Mini Moccasins	Medicine pouches
Story Rock with Pictographs (painting)	Making Lahal/Stick Game Set
Spe’tsin Hemp Rope – hands on activities	Tanning & Scraping raw hide skins
Chokers, hair ties, breast plates	
Beading: key chains, earrings etc.	